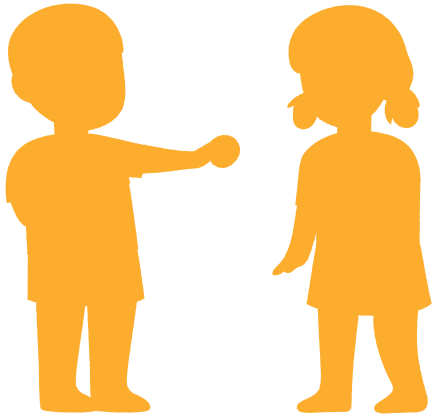


Thoughts on Giving



What things do you think of when we talk about giving to other people? Maybe some crisps, sweets, fruit; presents and cards for birthdays and special times; a donation of money, clothes, toys, books. But there is a lot more that you can give, which aren't objects, but are just as important, if not more - your time, energy, kindness, words, actions.

The Bible says

'My friends, the churches in Macedonia have shown others how kind God is. Although they were going through hard times and were very poor, they were glad to give generously. They gave as much as they could afford and even more, simply because they wanted to. And they did more than we had hoped.'

2 Corinthians 8:1-5

Jesus said, "It is more blessed to give than to receive." *Acts 20:35*

What do you think about these verses?

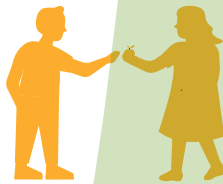


Do

a different act of kindness for someone different every day this week.

Fact

Giving to others causes our bodies to release a natural chemical called oxytocin, which makes us feel warmth, happiness and connection to other people.



Idea

How do you feel when you give someone a gift? How do you feel when you help someone by giving your time, energy or knowledge? How do you think they feel? Giving and making other people happy makes us feel good, but also our giving to people often makes them want to give something too.

Giving makes a happiness wave! Giving connects us to each other. What gifts can you give? How can you give in your classroom, school, home, community, world?



Thank you for those who give to us. Help us to give what we can to help others, whether it's money, time, kindness, learning, actions; whatever is needed and we are able to give.

Pray



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