

The Bible says

"You are the light that gives light to the world. A city that is built on a hill cannot be hidden. And people don't hide a light under a bowl. They put the light on a lampstand. Then the light shines for all the people in the house. In the same way, you should be a light for other people. Live so that they will see the good things you do. Live so that they will praise your x by Father in heaven." Matthew 5:14-16 What do these verses mean to you?

Do

Think about what you hide about yourself. How can you make that seen? How could you use it to make a difference to others?

Thoughts on Hidden to Seen

What are the things about you that most people don't know? What do you keep hidden? Why do you keep it hidden? Are you embarrassed, shy or think you might be laughed at? Maybe it's time to bring the hidden inside to be seen outside.

Fact

Idea

An iceberg is a large piece of ice floating in the sea. Only 10% of an iceberg can be seen as 90% of it is hidden under water. Imagine if you could see all of it - how amazing it would be!

Do you like doing something that is different to what other people do? You might have an unusual hobby or talent. Do you tell other people about it or show them? You might feel a bit embarrassed and want to hide it. But have faith in yourself! Have confidence in what you enjoy doing or are good at. It could help or inspire others. You won't know unless you make it visible. Shine your light brightly!

Thank you for our individual hobbies, skills and talents. Help us to be proud of them and share them; for them to be seen, not hidden.





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