



Thoughts on Helping Friends

We all need help sometimes. We might be stuck on something in class, we might have hurt ourselves, we might not be able to get something we need, we might need to do something, we might need to talk. Do your friends help you when you need them? Do you help your friends? How?

The Bible says

Jesus said, "My commandment is this: love one another, just as I love you. The greatest love you can have for your friends is to give your life for them." John 15:12-13

'Show mercy to others; be kind, humble, gentle, and patient. Do not be angry with each other, but forgive each other. If someone does wrong to you, then forgive him. Do all these things; but most important, love each other.'

Colossians 3:12-14

What do you think these verses mean? Do you think they are important? Why?



Do

Think of a time when a friend has put you first. How can you say 'thank you' to them?

Game

Guide a friend around a set course, blindfolded or with their eyes closed. How does it feel to be relied on so much?

Idea

Can you think of a time when a friend has really needed you? Maybe it was when you were busy doing something. Did you stop and help your friend? Maybe you then missed out on an activity that you wanted to do. Or maybe your friend needed something that you had or wanted, but you knew it would help your friend so you let them have it. If so, you chose to put your friend first. How did it feel to do that? Sometimes it's hard to do. How does it feel when your friend does that for you?

Pray

Thank you for friends who put us first when we need help in some way. Help us to do the same for them even when it might be hard to do.

