

NEWSLETTER

SUMMER JULY 2019

SENsational Families



Welcome to the summer holidays and well done to you all for surviving a long and often difficult summer term!

The SENsational Families team have been busy running our 3 parent support groups, providing some great training and attending meetings and groups to ensure that SEN parents and families are being heard and feeding back how other agencies can make life easier for families and children.

Just some of the meetings we've attended are SEND local offer forum, Direct payments Advisory Group, SALT stakeholders meetings, EHCP review meeting with Norfolk County Council, Parent Partnership Steering Group, NCC Information sharing meetings, NDD pathway consultation workshop and 3 workshops regarding planning for the Norfolk SEND Transformation. Our team of wonderful trustees attend these meetings as unpaid volunteers in their own time and we appreciate all the hard work they do!

Our PSA Emma has been working with local charity Get Me Out of these 4 walls and is on hand to offer SEN families advice and support on the following dates in the Castle Mall:

21/08 | 18/09 | 13/11 | 18/12 | 10.30am to 1.00pm

Our Bell Tent

We've been out and about at the Carers Support day in the forum and provided a sensory quiet area at The Royal Norfolk show and The Lyng Fling in our lovely Bell Tent.



SEN Activities

We have worked in partnership with UEA sportspark to provide SEN gymnastics sessions and are talking to other places such as Riverside swimming about running inclusive sessions for SEN families.

SAVE THE DATE!

TRAINING

24th Sept- Emma Wymark Anxiety workshop

9th Oct- Sensory workshop

11th Nov- Mark Brown 2 workshops - Behaviour and Anxiety and Obsession

4th Dec Alpha Inclusion- Emotional Regulation

FAMILY EVENTS

Sunday 15th Sept-Holt Country Park

Sunday 29th Sept-Disability Pride at The Forum

Sunday 10th Nov-Winter Fayre and Shopping Event

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The summer holidays can be a difficult time for children and families with SEND. Try not to compare your family to those on social media or feel you are not doing a good enough job...

You are all doing your best and we are here to help you. Join our supportive Facebook group for advice and tips from other families who understand the sometimes difficult world of special needs and celebrate the positives our SENSational children bring to our lives!

Other tips and advice can be found online....

we've included some links which you may find helpful...

<https://network.autism.org.uk/knowledge/insight-opinion/summer-ho;idays-resources-support-families>

<https://www.specialneedsjungle.com/6-tips-sen-summer-survival/>

<https://www.familyfund.org.uk/blog/10-top-tips-for-surviving-the-summer-holidays>

We receive no government funding for our work and so rely solely on grants and donations to keep the charity running.

If you have any fundraising ideas, want to do a sponsored event or know of any businesses looking to support a local charity please do get in touch at Nicki@sensationalfamilies.org.uk

SENSational Families

We're looking forward to our SENSational Families Activity days on Wednesday 31st July and Tuesday 6th August at the Castle Mall. Come along and enjoy free activities for the children and get advice and support from our Parent Support Advisers and local professionals.



Come and have some fun with different art materials.

Quiet Area Available | Messy Clothes Essential

Parents/Carers are responsible for their own children at all times.

31st July, 10.00am to 2.00pm

Castle Mall in Norwich

The Music Lounge Level 2

Free Event!



A chance to talk and meet different organisations that can support your family.

Hands on activities for all the family to enjoy!

6th August, 10.00am to 2.00pm

Castle Mall in Norwich

Music Room, Honesty Library and Puzzle Room

Free Event!