

EAST LOCALITY – COMMUNITY FOCUS SUMMER ACTIVITIES BULLETIN

Date: 15th July 2020

The Reading Agency and Libraries Present



Summer Reading Challenge 2020

sillysquad.org.uk

Norfolk Libraries and the Reading Agency present Silly Squad, the Summer Reading Challenge for 2020.

The Summer Reading Challenge has moved online this year children can join now!

Visit the summer reading challenge website, where you'll meet the Silly Squad - a loveable bunch of animals who run a fantastic fun house! But beware: a mysterious baddy is waiting to spoil the fun!

Children taking part online will find out more about the fantastic characters and unlock digital rewards, activities and video content as rewards for their reading.

You can find all this and more at www.summerreadingchallenge.org.uk

Please note, when signing up, you will need to create an adult account before creating one for your child, to ensure your child has appropriate permission. Check out our YouTube channel for a video explaining the process.

Norfolk Libraries

What's online for families Summer 2020

Monday	12pm Storytime 4pm Book Group
Tuesday	10am Bounce & Rhyme 11am Stay & Chat (Starts 7th July)
Wednesday	12pm Storytime 4:30pm Brick Building Club
Thursday	10am SRC Book Recommendations
Friday	9:30am School Readiness 12pm Story & Activity Time

All online sessions available at
facebook.com/NorfolkLibrariesForFamilies

Bounce & Rhyme also available at
youtube.com/NorfolkLibraries



Free virtual activity programme for 0 to 5s in Norfolk



The Early Childhood & Family Service (ECFS) is still running, offering extra help to families who need it. Right now, due to Covid-19, we're providing a programme of virtual activities and groups that are available to families with children aged 0 to 5 years.



Early Childhood and Family Service

Activity Programme



New videos at [facebook.com/EarlyChildhoodFamilyService](https://www.facebook.com/EarlyChildhoodFamilyService)
First view on the day/time shown or watch anytime later



<p>Baby Days Bitesize Information and ideas for activities suitable from birth, which will help you manage your baby's brain development and strengthen your bond.</p>	Monday	1.30
<p>Toddler Days Inspiration for fun, learning activities, plus tips to get your toddler talking.</p>	Tuesday	11.00
<p>Wiggle Wednesday Activities, songs and stories based around the much-loved children's book, <i>The Very Hungry Caterpillar</i>, to celebrate Action for Children's Literacy Week.</p>	Wednesday	1.30
<p>Outdoor Explorers Videos and simple activities to help you encourage your child's enjoyment and understanding of their natural world.</p>	Thursday	11.00

Live Online Groups



Baby Days Live Online

Six weeks of free online sessions for babies with their parents/careers. Each session will have a new learning activity to try out with your baby, plus an opportunity to meet other parents and talk to knowledgeable staff.

Sessions take place online via Microsoft Teams. You only need an internet connection and a smartphone, tablet or computer to join.

Courses running regularly

Check dates and book at tinyurl.com/ECFSEvents



New videos at [facebook.com/EarlyChildhoodFamilyService](https://www.facebook.com/EarlyChildhoodFamilyService)
First view on the day/time shown or watch anytime later



Live Stream Storyline <small>See dates for content categories</small>	Monday 12.00	Wednesday 12.00	Friday 12.00
Sound & rhyme	Tuesday 10.00	Also available on YouTube	
School worksheets	Friday 9.00	Also available on YouTube	

Family Learning Online



Free interactive learning and play sessions and online resources for parents with young children.

Books and fun printouts available to download. All from a new website for you to explore.

Sessions/worksheets and online resources:

- *Bring a Story Alive* (story cards)
- *Food Explorers* (peppy tunes)
- *Letter Explorers* (alphabet cards)
- *Nature Explorers* (printouts)
- *Ready for School* (for those starting school Sept 2021)

Need extra help or someone to talk to?

We are here to help with things like:

- Bonding with your child
- Speech and language development
- Parenting challenges
- Mental wellbeing
- Healthy relationships



Please contact us and one of our team will be in touch.

Online form: www.tinyurl.com/ECFSHelp
Email: ecfs-families@actionforchildren.org.uk

<https://thewestsummerfest.eventbrite.co.uk>

SUMMER FESTIVAL

Monday August 10th till Friday August 14th

TENT
Wit and Wisdom

Live Talk with YMCA MIND Matters: Mental Health and Wellbeing and appropriate way to cope
 Live Talk with LGBT+ Norfolk: Self-esteem, Self-resilience, and Gender identity
 Live Talk with Ontrack Norfolk: Moving forward rather than staying still
 Live Talk with Matthew Project: Drugs, Alcohol, and everything in between
 Live Talk with Nomad Radio: Black Lives Matter, Education and Activism

TENT
GOYA Virtual

Dawn and Dusk Yoga
 2K walk and social
 Dance, Dance workout
 Circuit Training

TENT
Crafts and Creativity

Anime Drawing
 Build your own Circus equipment
 Photography Competition
 Do it yourself, Festival headband making
 Recycling and Reuse art

TENT
Skills and Splendour

Poetry and Lyric Writing Workshop
 Circus Skills Workshop
 Just for Laughs Workshop
 C.V Building Workshop

TENT
Alive and kicking

Minecraft DIY SOS Big build
 Poetry Reading Night
 Mid-Week highlights
 Open mic night
 Rocket League Tournament

Plus Much More!



With a special welcome message from
James Buckley
 Jay From Inbetweeners



TOP BANANA PRESENTS
FREE ACTIVITIES
GREAT YARMOUTH
& GORLESTON

STARTS
20/08/20

THE ROAD TO WELLBEING IN GREAT YARMOUTH & GORLESTON

BEACH YOGA 10/08/20 TIL 21/09/20

IDEAL FOR BEGINNERS & IMPROVERS ALIKE

WALKING 28/09/20 TIL 9/11/20

EVERYBODY WELCOME GUIDED COASTAL WALKS

CYCLING 16/11/20 TIL 21/12/20

LED LEISURE RIDES WITH INFORMAL INDIVIDUALISED COACHING FOR GREATER CONFIDENCE & BIKE CONTROL.

EVERY MONDAY

8-9AM GORLESTON, 11-12:30 GREAT YARMOUTH

WHERE: GORLESTON BEACH
NEAR MARINA BAY CAFE
NR31 6BT

OUTSIDE GREAT YARMOUTH
LIBRARY / SALVATION ARMY
NR30 2SH

FOR MORE INFORMATION
FIND & "LIKE" US ON FACEBOOK: TOP BANANA



NOTE: CHILDREN WELCOME WHEN ACCOMPANIED BY AN ADULT.
DISCLAIMER MUST BE SIGNED PRIOR TO ALL ACTIVITIES.



Early Years

This MUSIC session is aimed at 0-5 year olds with SEN, in particular children with profound or multiple disabilities

Join Will live on the Soundabout's YouTube channel for online, interactive music making every Mondays at 2pm until the end of August 2020

www.youtube.com/c/soundabout





HOME

YMCA
Youth
@Home
SUITE

A, Free to access, Youth Suite, Which offers users the ability to access all of the online content that YMCA Norfolk has to offer.

Why Become a Member?

YMCA Youth @Home is free to join. As a member you will have access to all the online activities, competitions and sessions that YMCA Norfolk offer. you will also be provided access to ***Your Voice*** Virtual Discussion board where you are provided a safe secure space to discuss point of views on topics important to you.

<https://www.ymcanorfolkyouthsuite.org/>

DIRECTORY

Norfolk Community Directory contains activities, services and groups to help all Norfolk residents live healthy, active and fulfilling lives.

You should find something to help you, whether you want to: keep healthy, be sociable, physically active, mentally active, raise your aspirations for educational achievement, help your community, stay independent, feel included, get involved, improve your well-being, stay safe, find suitable care and support, find help looking after your children, or get family support. We also provide information which supports the Local Offer, Care Act and Childcare Act.

<https://communitydirectory.norfolk.gov.uk/>

ONLINE COURSES

FREE ONLINE COURSES – EARLY YEARS

<https://www.norfolk.gov.uk/education-and-learning/adult-learning/courses/search?subject=Early Years>

Adult Learning is providing a wide variety of online free courses available on subjects such as Family Fun; Back to School; Getting Reading for School.

NOTE: The Adult Learning pages have lots of interesting courses for adults.

The information provided in our bulletins is sent to us from various sources. We try to ensure the information is correct at the time of publication but there may be some inadvertent errors. Publication in our bulletin does not necessarily constitute an endorsement of a service / organisation and we would advise you to take reasonable steps to check the services offered and organisation prior to using them – especially if you are referring children, young people and vulnerable adults to a service. Norfolk County Council cannot accept any liability for any services provided by a third party.