

Providence Row GAZETTE

• COMMUNITY MAGAZINE •

Awareness

With the eager anticipation of lifting all Covid restrictions on June 21 now a distant memory, the Euro football championships are the highlight of the month. Postponed from 2020 because of the pandemic, the tournament eventually kicked off in Rome on June 11 with the final playing on July 11 at Wembley. Liam takes us through the tournament schedule, predicts what might happen in the next few weeks - and lets us into some wisdom about the importance of self awareness.

Balconies even window boxes have taken on great value. Frances' allotment has been her respite from concrete and saviour from the pandemic's restrictions. Along with the delicious crops she cultivates, she finds a calming awareness in nature and being close to the earth.

After 20 editions of the Providence Row Gazette, the hardworking editorial team will soon be returning to more face to face volunteering duties. From July, the Gazette will be published monthly. If you would like to contribute to the Gazette, we would love to hear from you at volunteering@providencerow.org.uk. In the meantime we thank all our loyal readers and contributors and do keep an eye open for our next issue!

To mark our 20th issue anniversary, Sam invites us to sharpen our awareness in his brain gym with his super puzzles and fun pages. We're still recovering.

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2020
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THE EUROPEAN CHAMPIONSHIPS 2020



By volunteer Liam

"I think self-awareness is probably the most important thing towards being a champion." Billie Jean King.

Is Euro 2020 going ahead?

Yes, although it's 2021, Euro 2020, as it will still be called, is definitely going ahead and started last Friday!

Which countries are playing?

There are 24 countries in the tournament, which will be played in 11 countries. After nations were seeded and certain teams were placed in groups based on hosting games at the tournament, the following groups were drawn up:

Group A: Turkey, Italy, Wales, Switzerland

Group B: Denmark, Finland, Belgium, Russia

Group C: Netherlands, Ukraine, Austria, North Macedonia

Group D: England, Croatia, Czech Republic, Scotland

Group E: Spain, Sweden, Poland, Slovakia

Group F: Portugal, France, Germany, Hungary

Each team plays everyone within their group once, and the first and second placed teams within each group automatically progress to the knockout stage. The 4 best third place teams also qualify for the knockout stage. So, 16 teams go through to the appropriately named Round of 16.

When is the first and last game?

Turkey vs Italy was the first match of the tournament last Friday in Rome. The final takes place a month later, at 20:00 on Sunday, July 12 at Wembley.

Which ball will be used?

As is customary for major international tournaments, Adidas will supply the ball which this time around is called "Uniforia", which is a portmanteau word coming from "unity" and "euphoria".

Portugal are the current holders but, according to Craig the PR Chef, the team to beat is France.

Please find to follow a hyperlink showing the six group fixtures together with dates of the knockout stages:

<https://www.uefa.com/uefaeuro-2020/news/0254-0d41684d1216-06773df7faed-1000--euro-2020-all-the-fixtures/>

VAR will be used in the tournament, so for all Chelsea fans out there, don't celebrate too early.

May the best team prevail!



My allotment

*By volunteer
Frances!*

Beside a river, edging a bluebell wood, a shady plum tree, a very noisy woodpecker and a profusion of blackberries, you could be forgiven for thinking I'm in paradise. Nearly. I'm down on my allotment where I spend many happy hours, especially in the summer growing season.

Allotments definitely have needs but the work of watering, weeding and keeping predator pigeons and animals at bay is returned 100 fold in pleasure and delicious food. Nothing compares with newly dug vegetables and my annual harvest of fruit.

Contrary to popular lore, allotments have been around for centuries. Most countries boast some kind of allotment or community garden scheme. In the UK, a few allotments were established in the 19th century but numbers increased during the food rationing of the two world wars.



PERFECT WEATHER FOR SUMMER FRUITS

My allotment supplies me with vegetables, salads, raspberries, black and red currants, gooseberries, plums and grapes, the latter bequeathed by the previous tenant. Wild blackberries pair perfectly with apples from my tree. I've become an expert jam maker though I'm still working on the temperamental psychology of winter vegetables such as leeks, celeriac and sprouts. Beating London's clay soil gives me great satisfaction.

Allotments are not all wellies and soil under the fingernails. Although I have escaped to my allotment for solitude and respite from Covid restrictions, the social side of allotment keeping is an important part of the culture. My neighbour and his large family host regular barbecues with his children and chickens running freely around our site. All return when bedtime is called, some more obediently than others. In a secluded, shady corner, the local beekeepers keep us fascinated by these busy insects – and supplied with balsam honey.



WANT TO KNOW?

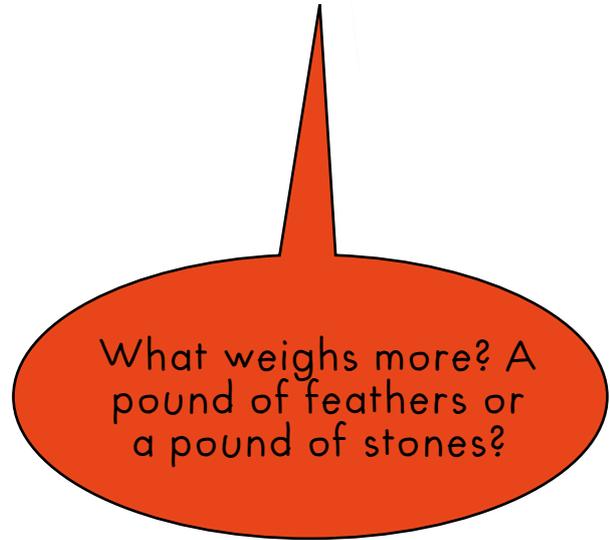
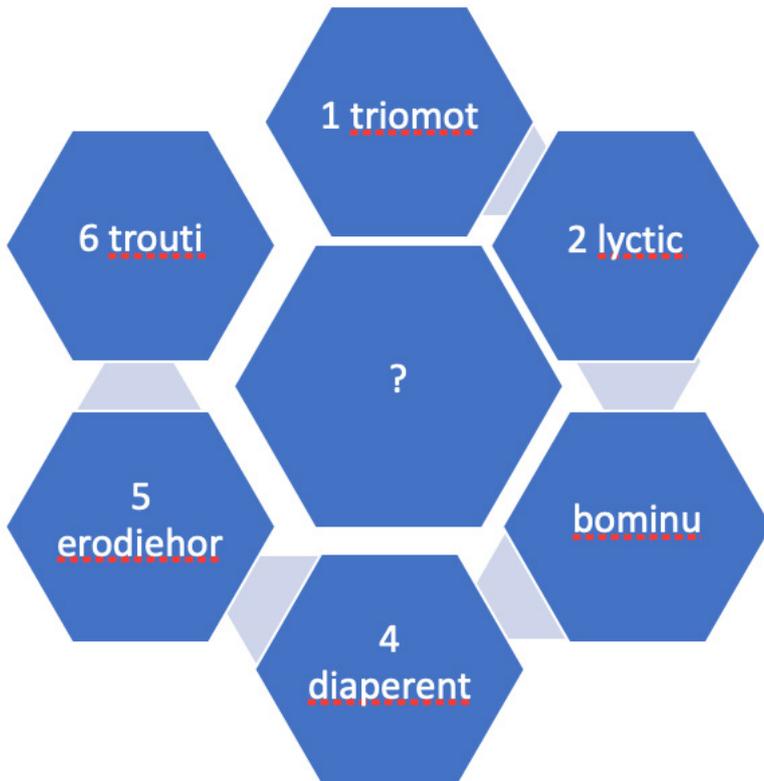
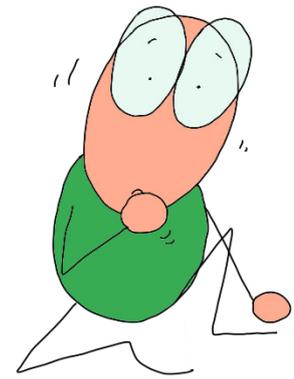
Allotments are managed by local councils. Plots are generally cricket pitch size and annual fees can vary around the £25 mark with concessions for benefit claimants. Fees include a water supply and some councils will turn over plots for new tenants. Allotment associations often sell seeds and plants, gardening materials and tools at cost and some host tutorials for new plot holders. Contact your local council for information.



CIRCLECHART

The words in the hexagons are all about road users. The letters have been jumbled and one letter is missing from each word. Can you identify the words and the missing letter?

By volunteer Sam!

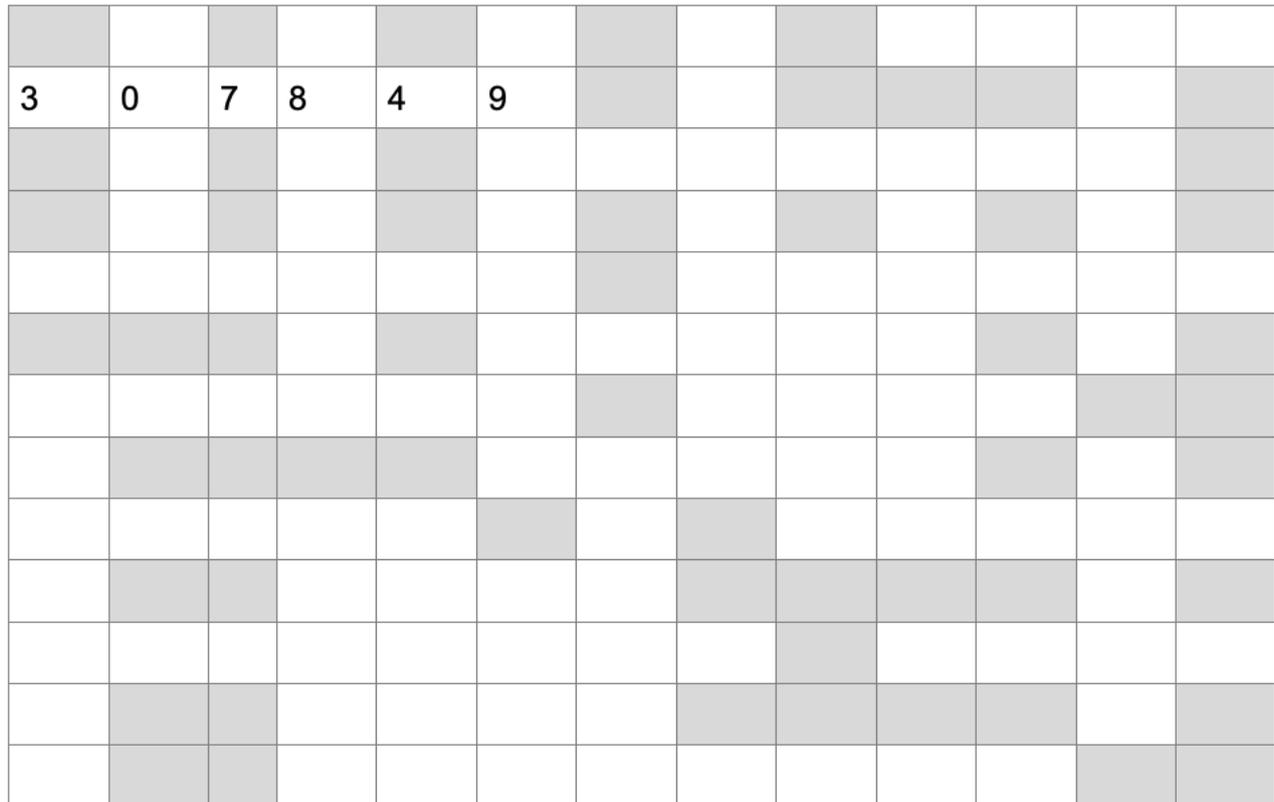


What weighs more? A pound of feathers or a pound of stones?

ANSWERS:
CIRCLECHART:
 1. Motorist 2. Cyclist 3. Omnibus 4. Pedestrian 5. Horse rider 6. Tourist
 Missing letter S
RIDDLE:
 The same. Both weigh a pound!

FIT THE NUMBERS

All the numbers in the lists fit into the white squares in the grid consecutively and horizontally or vertically but there's only one way of doing it. The first one has been filled to get you started. Answers on the next page!



4 Digits

5903
2547
3507
9635
5037
3649

5 Digits

07547
79036
86142
27470
22947
13948
49052
76194
40592

6 Digits

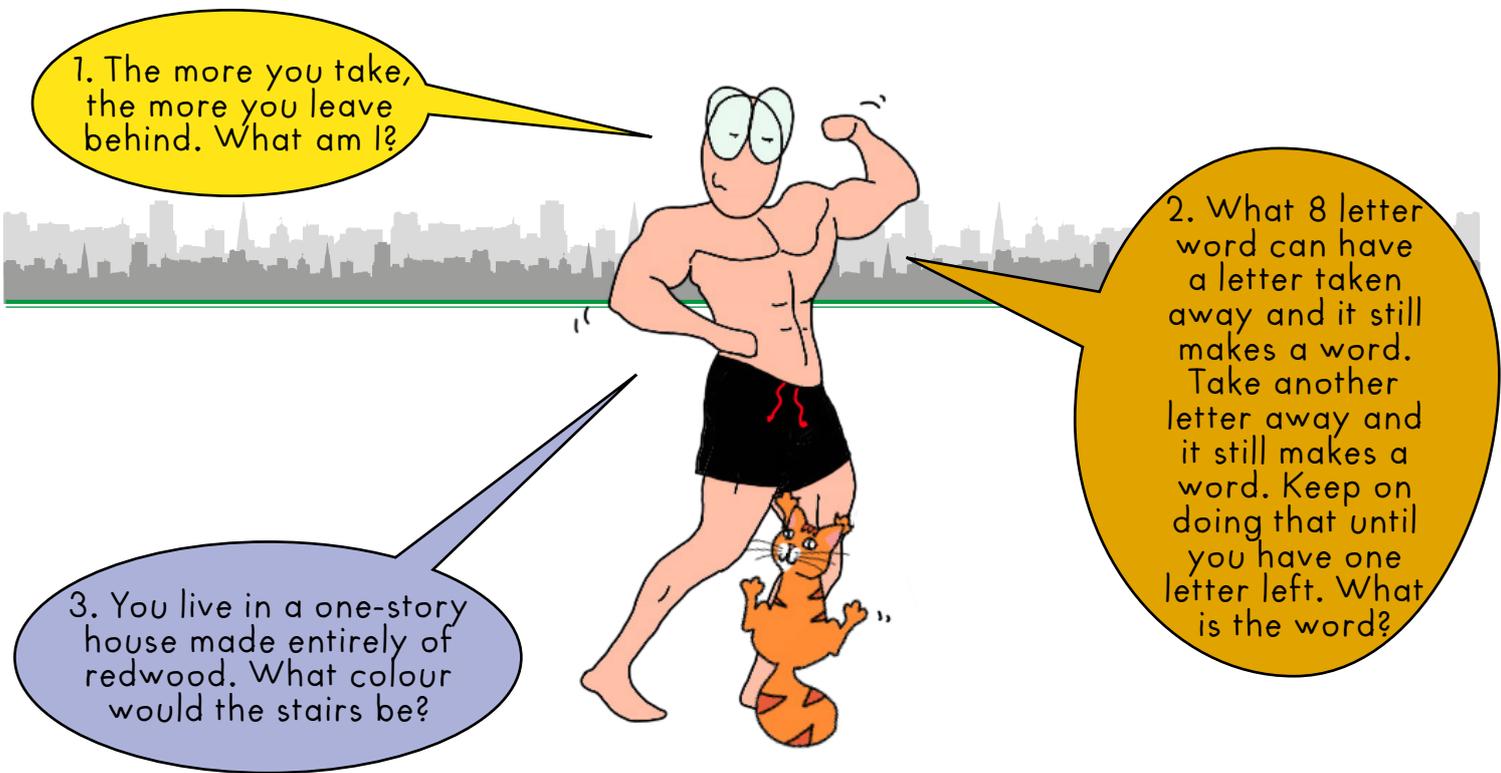
314852
628261
307849
906253
685730
685730

7 Digits

8327548
6934284
2360429
5813241

8 Digits

71319421
59201573
39621258
24702282



1. The more you take, the more you leave behind. What am I?

2. What 8 letter word can have a letter taken away and it still makes a word. Take another letter away and it still makes a word. Keep on doing that until you have one letter left. What is the word?

3. You live in a one-story house made entirely of redwood. What colour would the stairs be?

ANSWERS: FIT THE NUMBERS

	4		5		3		7		5	0	3	7
3	0	7	8	4	9		1				1	
	5		1		6	9	3	4	2	8	4	
	9		3		2		1		3		8	
6	2	8	2	6	1		9	0	6	2	5	3
			4		2	7	4	7	0		2	
8	3	5	1	0	5		2	5	4	7		
3					8	6	1	4	2		1	
2	2	9	4	7		8		7	9	0	3	6
7			9	6	3	5					9	
5	9	2	0	1	5	7	3		3	6	4	9
4			5	9	0	3					8	
8			2	4	7	0	2	2	8	2		

ANSWERS:
 1. Footsteps
 2. the word is starting! starting, starting, string, string, sing, sin, in, i, cool, huh?
 3. what stairs? you live in a one-story house...