

We have put together a simple template to help you contact family and friends about your fundraising.

Email subject: Please help me raise vital funds to support homeless people.

Hi/Hey/Dear [name],

As you may already know I'm taking part in a Virtual Sleep Out this year and I'm really excited about it.

I will be sleeping (in my garden/ balcony/ living room) away from the comfort of my bed for one night, raising much needed funds to support the work of the charity Providence Row.

Providence Row supports homeless and vulnerable adults through crisis response, advice and support and learning and training opportunities. During the COVID-19 pandemic, they have been busy supporting rough sleepers to get into emergency accommodation and stay safe. They have ensured people affected by homelessness continue to have access to advice and support to help people move on and build an independent life away from the streets.

I would really appreciate it if you could sponsor me on my JustGiving page.

You can find it by clicking this link - [insert your page URL] .

I'm aiming to raise £200 so don't be shy - every pound really will help. It's easy and simple to donate - even on a mobile - and you'll get a receipt emailed to you straight away.

Thanks so much for your help - and stay tuned for updates!

[Your name]