

**WHERE IS YOUR
SAFE SPACE?**

**HOMELESS
ACTION WEEK**
TAKE ACTION. RAISE FUNDS. RAISE AWARENESS.



**Join our sleep out
and take a stand against
homelessness**

4-10 October 2021

 **PROVIDENCE ROW**
HELPING HOMELESS AND VULNERABLE PEOPLE SINCE 1860

About Providence Row

Providence Row has been supporting homeless and vulnerable people in London for over 160 years.

We work with over 1200 people a year, offering an integrated service of crisis support, advice, recovery and training activities.

We are working towards a vision where everyone has a safe home and a community in which to belong.



Where is your safe space?

Over 200,000 people

in the UK today

don't have a safe space

Sleep out for Homeless Action Week...

Every year our supporters come together for Homeless Action Week to raise awareness and take action to improve the lives of people affected by homelessness, the week incorporates World Homeless Day. This year we are taking the theme No Safe Space and asking people to leave their safe spaces and join us to sleep out in the week 4-10 October. It's a great way to raise vital funds for our work, to raise awareness of homelessness issues and take a stand against homelessness.

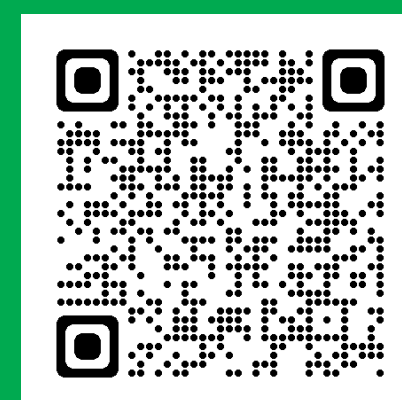
Veronica's Story

I was homeless and living in different parts of London. I would sleep with men to stay in their houses, a shameful thing, but vulnerable women get into that situation. Then I met this man and his Mum let me stay at their house. She gave me the number of a charity and told me not to wait and call them.

They helped me get a room of my own. Now I'm working on finding a job I will love. I'm studying law. I've done IT level 1 and 2, and a customer services course. I don't want to dwell on the past. I need to move on with positivity. Without exaggerating, Providence Row has been marvellous. I'm eternally grateful for their support.

*Veronica's name has been changed to protect her identity.

Scan our QR code to find out more about Homeless Action Week...



Sleep out for Homeless Action Week...

Join us in the week 4-10 October to take action against homelessness and sleep away from the comfort of your bed for one night, raising funds and awareness at the same time.

Whilst a Sleep Out does not aim to replicate homelessness, it will give you an insight into the challenges faced by those sleeping rough.



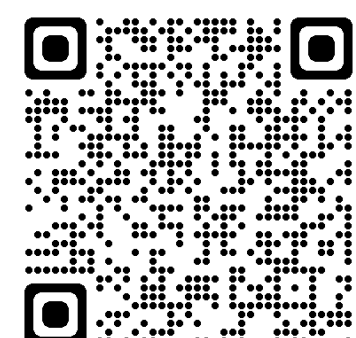
My concern for my sleep out was ensuring my personal safety. I cannot begin to imagine the fear and vulnerability felt by those, particularly women, who are homeless.

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How do I get involved?

1. Click on the QR code below to visit our sleep out web page & register to sleep out
2. Choose a date between 4-10 October
3. Pick your sleep out buddies or you could host a sleep out
4. Pick the spot to sleep out, this could be your garden, balcony or even your living room - just make sure it is safe and secure
5. You can get in touch with our fundraising team for support on hosting your own sleep out at getinvolved@providencerow.org.uk
6. Set up a Just Giving page to fundraise for your sleep out
7. Let us know how you are getting on using [#homlessactionweek](https://twitter.com/homlessactionweek)

Scan our QR code to find out more about the sleep out and join up...



How to fundraise for us...

Set up your fundraising page We recommend using Just Giving.

Use the link below and Providence Row will automatically receive 100% of the funds you raise. JustGiving:

<https://www.justgiving.com/campaign/safespace-sleepout?success=true>

If you have any questions or would like help setting up your fundraising page please contact us at getinvolved@providencerow.org.uk and we will be happy to help.

Personalise your page and share with all your contacts, add photos, videos, and tell everyone why you are taking part in Homeless Action Week.

Demonstrate how funds raised can tackle homelessness! Share your page on social media and email friends and colleagues – you may even encourage others to get involved by doing so!

Remember to tag Providence Row



Thank you for fundraising for us. You can see more stories about the people we support here...

