



DO YOU WANT TO

PLAN & IMPLEMENT GOALS

FOR YOUR INDEPENDENCE & WELLBEING?

SAYes mentoring has designed, delivered and supported personalised and professional mentorship programmes for over 12 years.

We are now inviting **care experienced** young people based in the UK to engage with SAYes mentors from all over the world through an international e-mentoring programme.

SAYes Mentors;

- Know how to **listen** to help you **hear and challenge** yourself
- Know how to **advocate** to help you **develop and enrich** your options
- Know how to **focus** to help you **plan and implement** changes you care about
- Know how to **support** your **choices and your accountability**

SAYes Mentors don't give up, don't make empty promises and don't push an agenda. Impact is all about the process, your process.

If you think you're ready to shift perspective, forge new pathways ahead and build genuine and impactful connections **with great and good people** then please visit [our website](#) to find out more about our UK programmes.

15 slots available now

- Are you between 18-29 years old and living in the UK?
- Are you care experienced?
- Are you able to meet for 1 hour a week (via whatsapp video) for 9 months? (data & device provided)?

The first cohort of UK mentees will be invited to join our mentee advisory team and to connect with South African care leaver alumni.

Key messages from SAYes alumni

- Mentors offer a supportive, one to one, confidential relationship
- The mentorship programme is focused on your personal interests and needs
- Your mentor can support you in accessing information, developing a career pathway, working on social skills, help with budgeting and much more
- You can benefit from improved emotional wellbeing, greater self-confidence and staying focused

Please email mentee@sayesmentoring.org to talk to our team about next steps.*

YOU'RE INVITED TO

SAYes MENTORING

*SAYes is working with local authorities, tertiary institutions and independent mentees. Your place is secured simply by order of inquiry against available programme slots. We will be expanding our UK programmes for care leavers throughout 2021/22 and beyond.