Messy Crafts 2

Edible Slime

* Basil Seeds
* Cornflour
* Food Colouring

1. ¼ cup of basil seeds with 16 ounces of cornflour, with food colouring and 2.5 cups of water in a bowl.
2. Knead it until you get the right consistency.



Glowing Water

* [this vitamin](http://www.amazon.com/Natures-Way-Vitamin-Capsules-100-Count/dp/B0001VTZ86/?_encoding=UTF8&camp=1789&creative=9325&keywords=b1%2050mg%20b%20complex&linkCode=ur2&qid=1377045342&s=hpc&sr=1-1&tag=cracit06-20) , or a similar product if this is not available.
* Ziplock bag
* Hammer/rolling pin.

1. Put 2 vitamins in the Ziplock bag and crush into a fine powder.
2. Put in warm water and add to a bath.
3. Have fun (Don’t worry it is perfectly safe to go in eyes or be swallowed).

