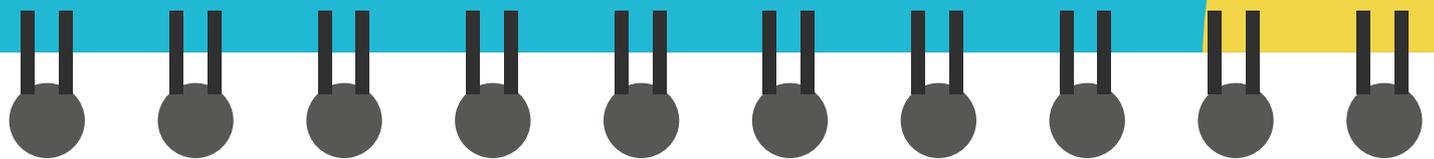


Our friendly team is still here to provide mental wellbeing support over the holiday period.

Don't forget, everything else on Kooth such as discussion boards and our advice articles are available **24/7**.



Friday, December 25th

4 - 8pm

Saturday,

December 26th

4 - 8pm

Sunday, December 27th

6 - 10pm

Monday, December 28th

12 - 10pm

Tuesday, December 29th

12 - 10pm

Wednesday,

December 20th

12 - 10pm

Thursday, December 31st

12 - 8pm

Friday, January 1st

4 - 8pm

Saturday, January 2nd

6 - 10pm

Sign up for free at **kooth.com**