



Lancashire Mind School Packages



Gold package **60 credits** **£10k**

Our mid-range package which allows you to access a full range of services for both children and staff!

Silver package **25 credits** **£5k**

For schools with a smaller budget, the ideal starter package to show a commitment to school wellbeing!

Buying into one of our packages gives you the best value. However, if you like the look of a specific service then contact us to discuss options.



BEST VALUE

Platinum package
95 credits **£15k**

Our best value package which includes exclusive benefits such as a whole school wellbeing survey and a mascot visit from Lancashire Mind's very own bear!

Service	Detail	Credits
Whole School		
2 Assemblies	1 assembly each for KS1 and KS2	1
Mental Elf fundraising event	Complete organisation of a Mental Elf event for your school include resources and certificates for the children	3
Whole Class		
Bounce Forward	6 weeks of 1 hour sessions for years 4-6	5
Wellbeing week holiday programme	1 week programme for up to 30 kids, 9.30 - 3pm years 3 to 6	17
Small group and 1:1 support		
Small group support	6 weeks of support for up to 4 children, years 2-6	3
1:1 support	6 weeks of 1 hour sessions (2 credits per child)	2
After school wellbeing programme	6 weeks delivery of Bounce Forward for up to 15 children, years 3-6	7
Support and upskill staff		
Wellbeing coaching (1:1 support)	6 weeks of 1 hour sessions (2 credits per teacher, minimum 2 teachers)	2
Staff seminar	1 hour seminar on one of the following topics (2 credits per seminar): Understanding self-harm Resilience Stressbuster	2
Wellbeing Action Planning session	1.5 hour session to develop practical tools to look after your own wellbeing	3
Connect 5 workshop	3 hour workshop based around the 5 ways to wellbeing	4
Managing Mental Health in the workplace workshop	3 hour CPD accredited course for managers	4

If you are interested in one of our packages for your school please visit lancashiremind.org.uk/schoolpackages