

## Dr Victoria Eames

**Title/Professional Post:** Clinical Psychologist

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### SUPPORTING STATEMENT

Since qualifying as a clinical psychologist in 1998 I have gained extensive experience in service delivery and clinical leadership across a range of NHS settings within both CAMHS and Adult Mental Health. I am passionate about community psychology and narrative therapy. Experience delivering collective narrative practice approaches (e.g. Tree of Life and Team of Life) in schools has led to an interest in cross-cultural work involving co-production with children and young people and co-facilitation with practitioners who are not mental health specialists. I would be interested in opportunities to keep practicing these innovative ways of working as well as further opportunities for work with children and young people from BME families.

### QUALIFICATIONS

<b>1995-1998</b>	Doctorate in Clinical Psychology	University College London
<b>1990-1993</b>	BA Hons Psychology Upper Second Class	University of Sheffield

### SCHOOLING

**1982 – 1989** Weatherhead High School, Wallasey, Wirral

**A-Levels** English Literature (A), History (A), Economics (C)

**O-levels** 10 including Maths and English

### EMPLOYMENT

**2016-present** **Independent practitioner - Riverbank Psychology**  
Assessment and therapy service with adults, children and young people and families.

**2011-present**      **Project Lead/Consultant Clinical Psychologist, Team of Life Project**  
*Cheshire & Wirral Partnership NHS Foundation Trust (CWP)/University of Liverpool*

Extended school service led to the development of a resilience programme based upon the Team of Life approach. This work has been undertaken in collaboration with local schools and David Denborough from the Dulwich Centre who originally developed the Team of Life with former child soldiers from The Sudan. In partnership with CWP and University of Liverpool the project recently won funding from the Health Education England Future in Mind Innovation Fund. Results from a pragmatic randomised control trial are currently being written up for publication.

**2013-present**      **Honorary Lecturer/Research Fellow, Psychological Sciences -**  
*University of Liverpool*

Teaching trainee clinical psychologists in relation to cross-cultural interventions and narrative therapy. Ongoing research projects (see above).

**2014-2016**      **Consultant Clinical Psychologist/Clinical Lead, Adcote Health & Education Assessment Unit**

*Wirral Child & Adolescent Mental Health Service (CWP)*

Clinical leadership of an education and health assessment unit staffed by mental health practitioners and teachers. Supervision of all clinical staff working on the unit. Strategic leadership on partnership work and training in schools.

**2004-2014**      **Clinical Psychologist, Wirral Child & Adolescent Mental Health Service -**  
*CWP*

Lead clinician role within a CAMHS locality team offering consultation, assessment and therapy to children, their families and other professional groups. Involved in developing a consultation service with the Wirral Multicultural Service with a view to improving access to CAMHS for BME clients. Supervision of trainee clinical psychologists and other staff.

**2002-2004**      **Clinical Psychologist, Adult Psychology Service - CWP**

Provision of an assessment and therapy service with adults attending a secondary care psychology service.

**1998-2002 Clinical Psychologist, Adult Mental Health - South London & Maudsley NHS Trust**

Provision of an assessment and therapy service within primary care, secondary care and Community Mental Health Team settings in the Borough of Lewisham, an area with high BME populations.

**1995-1998.1 Trainee Clinical Psychologist, University College London - Camden & Islington Community NHS Trust**

Core placements in adult mental health, child, older adults and learning disabilities.

specialist placement in psychoanalytic psychotherapy at the Department of Psychological Medicine, University College Hospital.

Doctoral thesis studied the relationship between client attachment style and the therapeutic alliance.

**1993-1995 Research Executive, Qualitative Marketing & Research Agency - Gabriel Ashworth Marketing Consultancy & Research**

Conducting research, offering marketing consultation, reporting and presenting results to business clients.

## **ACADEMIC AND RESEARCH**

- Eames, V. (in preparation). Team of Life: Collective Narrative Practice in UK Schools. *Context: Systemic Work in Schools, Issue 156/April 2018*. Eds. Alastair Pearson & Philip Messent.
- Eames, V., Shippen, C. & Sharp, H. (2016). The Team of Life: Use of a narrative approach to resilience in a UK school. *Education & Child Psychology, 33 (2): Mental Health and Wellbeing in Schools*.
- Eames, V. & Denborough, D. (2015). *The Team of Life Kit: A Narrative Approach to Resilience*. Downloadable resource currently being rolled out to schools with training.
- Eames, V. & Roth, A. (2000). Patient Attachment Orientation and the Early Working Alliance. *A Study of Patient and Therapist Reports of Alliance Quality and Ruptures, Psychotherapy Research, Volume 10, Issue 4*.
- I regularly present papers and workshops at conferences e.g. International Schools Psychology Association Conference (2017); Association of Primary Mental Health Workers in CAMHS (2017); British Psychological Society Children, Young People and Families

Faculty Conference (2017); European Conference of Narrative Therapy and Community Work (2009, 2014, and 2016).

### **ADDITIONAL TRAINING**

1999	Solution Focused Therapy	Brief Therapy Practice
2000	Introductory Course in Group Analysis	Institute of Group Analysis
2003	CBT for Psychosis	Association of Psychological Therapies
2006	Level 1 Narrative Therapy	Institute of Narrative Therapy
2008	Level 2 Narrative Therapy	Institute of Narrative Therapy
2009	Supervising Psychometric Assessments	University of Liverpool
2012	Reflective Interpersonal Child and Parent Therapy	Hermione Roth/Helen Sharp
2012	Mindfulness Based Stress Reduction (8 week course)	Bangor University
2012	Mindfulness with Children and Families	Bangor University
2013	Assessment module of MSc Paediatric Neuropsychology	University College London
2013	Research Design Course	National Institute of Health Research
2013	Systemic and Family Therapy Live Supervision 1-year internal supervision group	CWP
2016	EMDR Part 1 and Part 2	EMDR Works Ltd
2016	Level 3 Narrative Therapy Module	Institute of Narrative Therapy