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# **Andrea Lewis-Coker**

Title/Professional Post: Counselling Psychologist

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## **Summary of Experience**

I am a Chartered Counselling Psychologist and have over 10 years' experience of working within counselling and psychology services. Currently I provide psychological services to Looked after children within residential homes in the North West, Cheshire and Staffordshire area.

I have also worked with children and young people in Child Adolescent Mental Health Services (CAMHS), independent hospital based settings and schools. In addition, I have worked with adults with a wide range of difficulties within Improving Access to Psychological Services (IAPT) and third sector organisations. I have worked with a range of clients experiencing various mental health problems and I specialise in working with children, young people and families.

As a Principal Psychologist for a private organisation I worked extensively with children's residential homes across the UK. My role was to provide assessments and support young people and their staff teams with regards to their emotional wellbeing and behavioural needs within the residential home, their school and in the community. During this time I worked with a wide range of issues including social, emotional, behavioural and educational needs, children and parents who had suffered trauma, parents with complex mental health problems, safeguarding issues and organisational dynamics.

I am passionate about supporting and improving the wellbeing and mental health needs of Black Minority Ethnic (BME) communities. Previously, I have worked with a third sector organisation providing outreach support and mental health services to the African Caribbean Community. Furthermore, Partnerships in care commissioned me to develop a research project, Partnerships in Care is an independent provider of secure mental health facilities. I was asked to look at the provision of psychological services/therapies to the BME client group and develop their diversity training for their psychology department.

I am continually keeping up to date with training and development, attending a range of courses to inform my clinical practice. I have attended the Bond Solon Excellence in report writing – written evidence course and the Bond Solon – Courtroom Skills training – Witness Familiarisation course. These courses cover a number of aspects such as expert's duties to conduct and procedure in court.

**Qualifications** 

2007-2010 MSc/Post MSc in Counselling Psychology

Wolverhampton University

2004-2007 Diploma in Counselling

Chester University

2001-2004 BSc Hons (1st Class) Psychology

University of Huddersfield

**Recent Employment** 

2015 – Present ALC Psychology Services Limited

Counselling Psychologist/Director

2011 – 2015 CPA

Principal Psychologist

2010 – 2011 Partnerships in Care (North West)

**Chartered Counselling Psychologist** 

## **Memberships of Professional Organisations**

Health & Care Professionals Council PYL25631

The British Psychological Society (BPS)

Member of the Division of Counselling Psychology (DCoP)

## **Relevant Experience**

#### Psychological Assessment

- Psychological assessments of an individual's needs, providing recommendations for intervention.
- Medico-legal reports for litigation, civil proceedings, road traffic accidents and employment issues.
- Psychological assessments have been provided for children, young people and adults with a range of presenting issues such as anxiety, depression, obsessive compulsive disorder, bereavement, trauma in relation to childhood neglect, sexual abuse and neglect.
- AIM2 Assessment

# Therapeutic Interventions

- Psychological therapy for mild to moderate mental health problems.
- Person-Centred Therapy
- Cognitive- Behaviour therapy
- Systemic Therapy
- Good lives Intervention

#### Consultation and Supervision

- Providing consultation, workshops, reflective practice to foster carers, residential staff teams, social workers and other professionals.
- Providing supervision for staff teams within residential, foster care services

•	Providing supervision to Applied Psychologists Independent Panel Member for a Family Fostercare