

## Just Psychology



**Family group conferences give your family a central role in making decisions.** For more information please see the

Family Rights Group website: <u>frg.org.uk</u>

## Contact

info@justpsychology.co.uk 0161 262 1622 www.justpsychology.co.uk

All our Family Group Conference Coordinators have attended accredited training

*Just Psychology CIC* is a not-for profit social enterprise. We are a multidisciplinary group of professionals providing services to address the psychological and mental health needs of children, adults and families, with particular emphasis on cultural diversity, cultural competence and social justice.



Why are we having a family group conference?

The co-ordinator will discuss and

friends to the young person may

The co-ordinator will assist with travel

arrangements on the day of the meeting

Other people involved with your family, such as a teacher, health visitor or youth

worker, may be invited to assist, to share

information and offer support. They will

Private family time in the middle is the

only attend parts of the meeting.

plan with you and your young

person who to invite to the

also attend.

where necessary.

most important.

conference. Important family

Families know each other best and are often the very people to plan best for a child or young person's needs.

> Who comes to the

meeting?

What happens at the meeting?

**Part 1: Sharing Information** This is where your family meets with the co-ordinator and any people involved with your family. They will say what they think about the situation and what help they can offer.

You can ask for additional information from the coordinators while they are there. You and your family will then be left alone to discuss the situation.

**Part 2: Private Family Time** You and your family talk in private to agree the best plan, decide who needs to do what, and work out how you can be sure it is working. The co-ordinator can join you if you need information, help or refreshments.

**Part 3: The Plan** The co-ordinator will go through the plan with you to make sure it meets the needs of your child and is agreed by everyone at the meeting. Everyone involved will be asked to agree your plan. If they consider it might not keep your child safe, you may be asked to change some of the plan. This is your plan. You and your family have the responsibility for the plan and the monitoring of it. You will work together to put it into action and make it a success. You may want to agree a date to review it.

## Where will the conference be held?

Every effort will be made to hold the meeting at a time and place convenient for all your family.

The place should be private, local and comfortable. The aim is to provide a welcoming and safe environment.

## What happens next?

The co-ordinator will make sure anyone attending receives a copy of the plan agreed at the Family Group Conference. The success of your plan depends on everyone taking responsibility for their actions.

If you are unhappy with anything during the Family Group Conference, you should discuss it with the co-ordinator.