

PALLIATIVE CARE in Nepal

Project Hospice Nepal

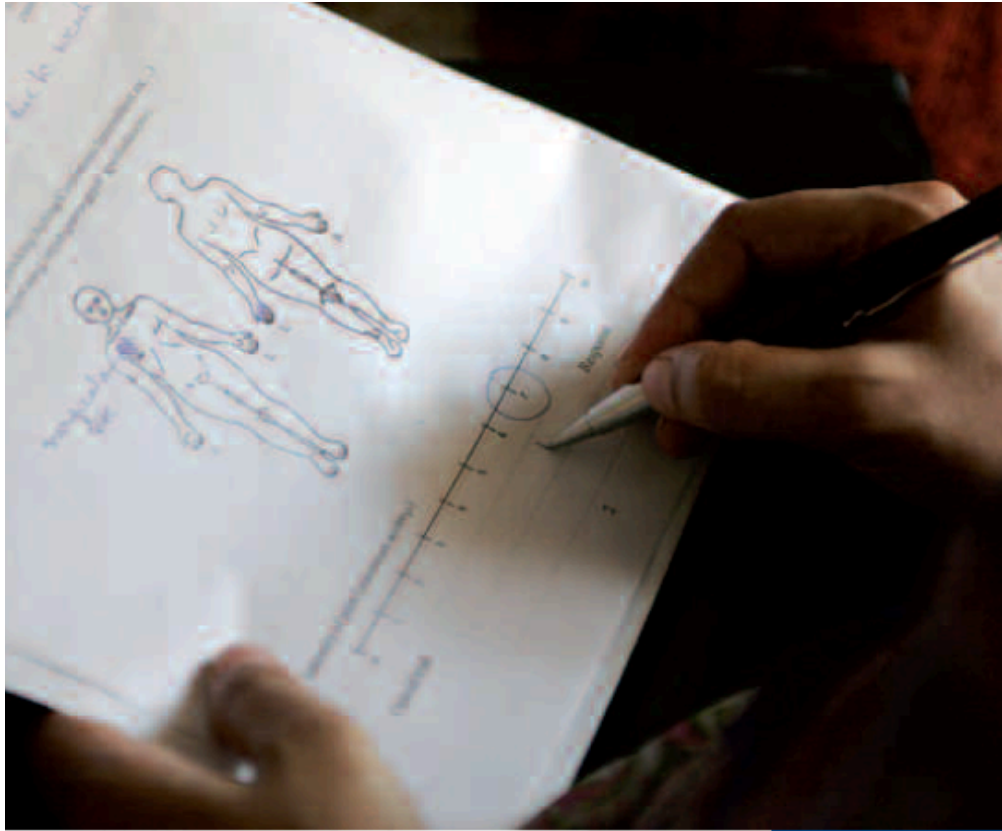


Worldwide

- Palliative care has been evolving worldwide over the past 70 years
- But mostly in richer countries

Worldwide

- Pain relief and Palliative Care now seen as a human right



**“Please, do not make us
suffer any more...”**

Access to Pain Treatment as a Human Right

HUMAN
RIGHTS
WATCH



Worldwide

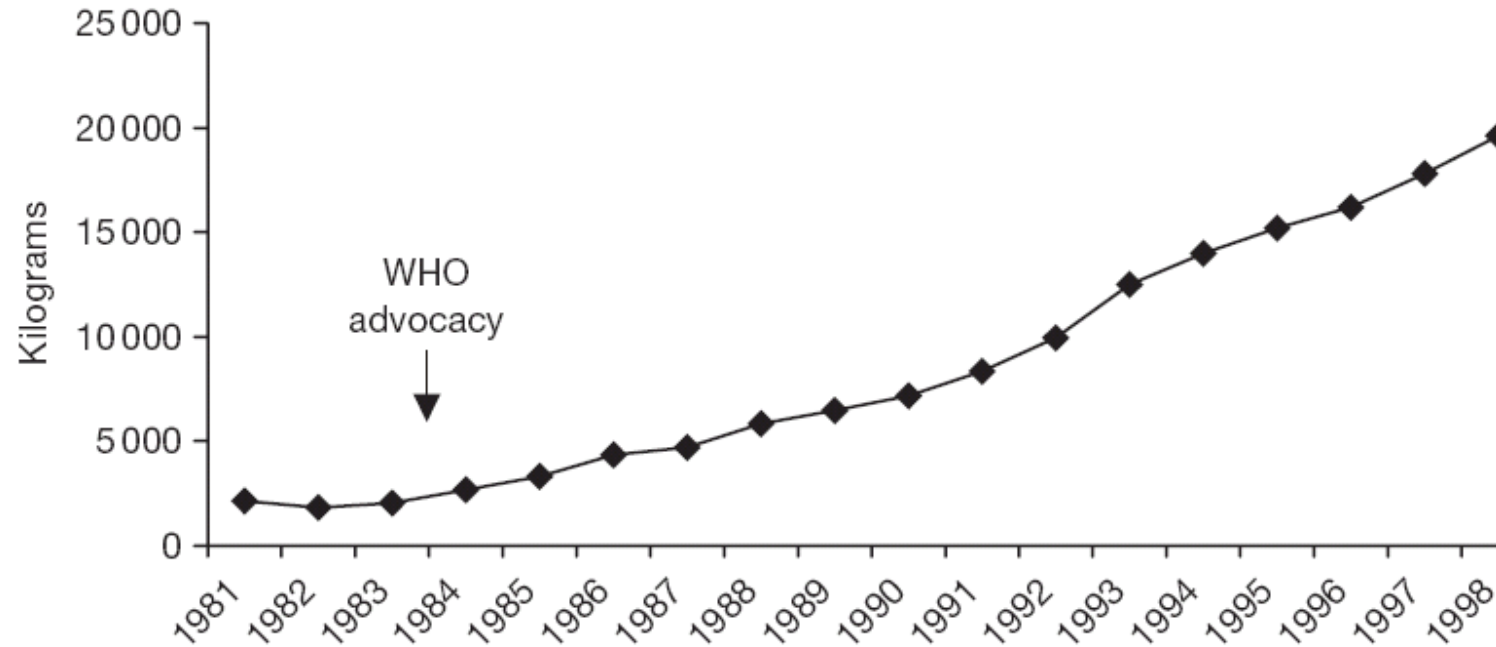
Every individual has the right to pain and
symptom relief



But: there are barriers to delivery of palliative care in developing countries – such as Nepal - caused by:

- Dislocation from rural societies
- War
- Poverty
- Limited education
- Unrealistic fears regarding opioids
- Inadequate access to healthcare

21 PALLIATIVE MEDICINE—A GLOBAL PERSPECTIVE

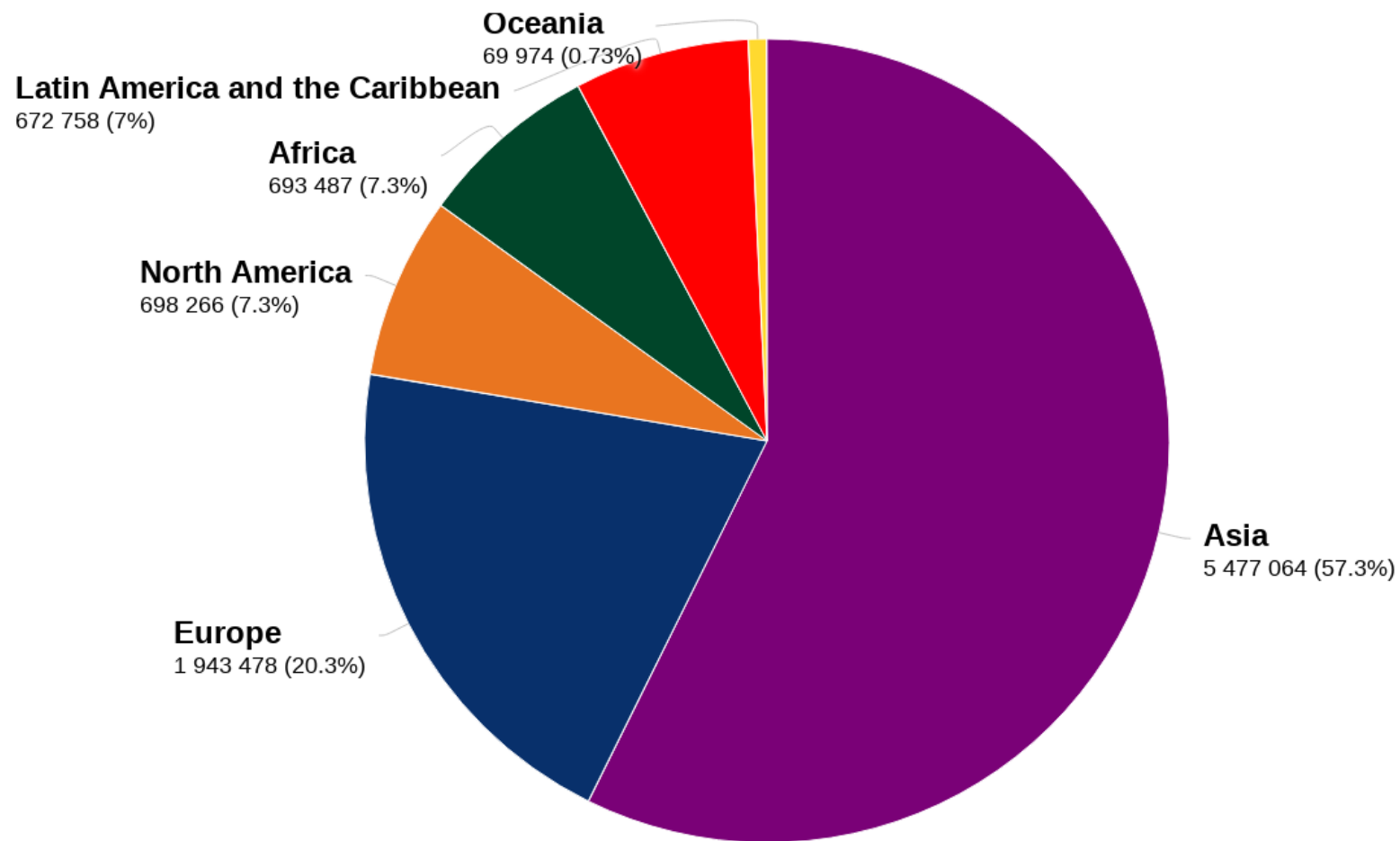


morphine, 1981–2000.

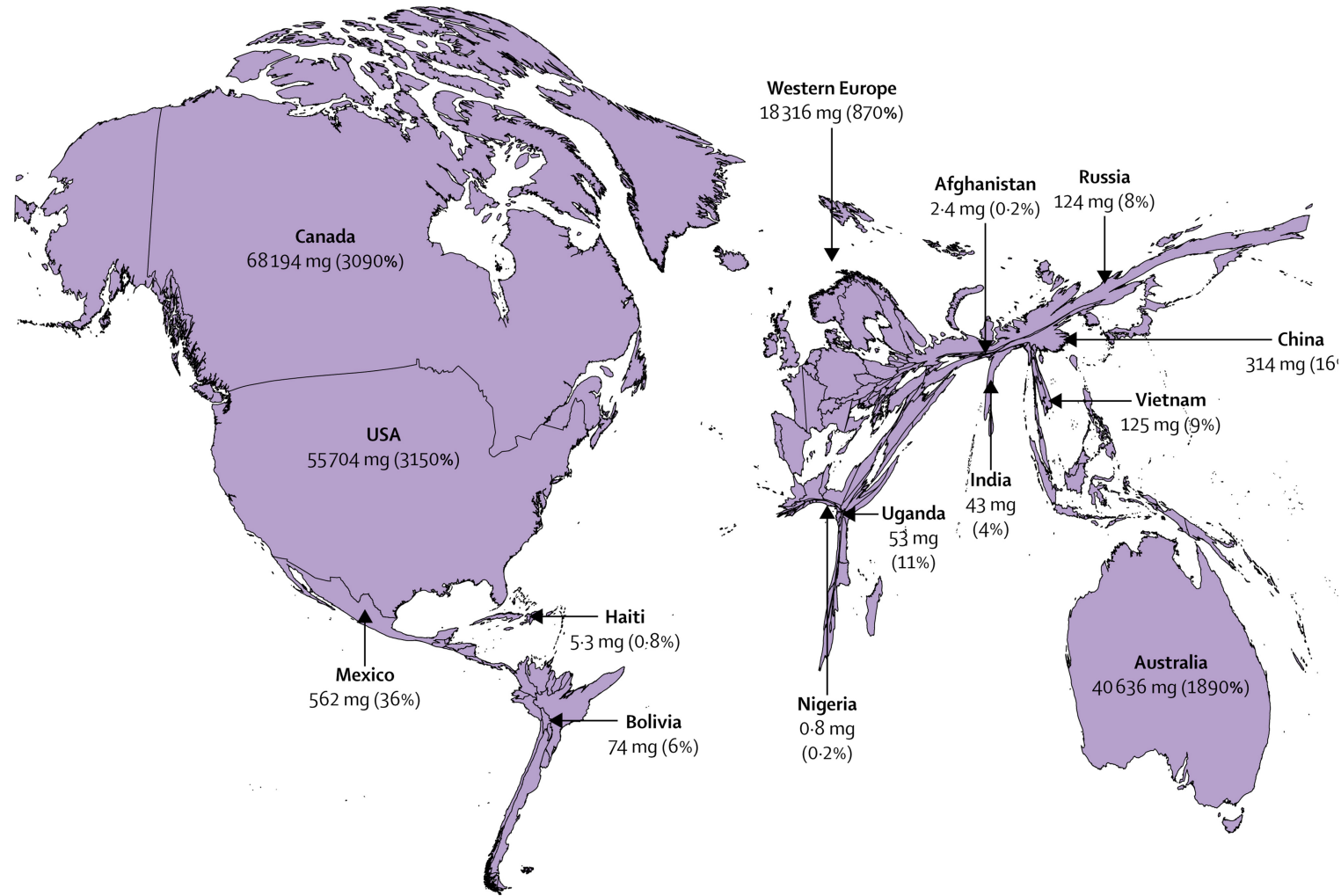
Global
Consumption
of Morphine

(Morphine
consumption
mirrors the
Palliative
Care
development
)

Estimated number of deaths in 2018, all cancers, both sexes, all ages



Total : 9 555 027



Inequity:

The use of
morphine
etc. for
those who
need it

Need for morphine in Nepal

- Estimate: 8,700 people dying of cancer have need for average 100mg morphine/ day in last 100 days
- i.e. a need for 87Kg morphine per year in Nepal (Sterjnsward et al, 2007)
- But only 2.4Kg morphine consumed in 2011 (Paudel et al, 2014)

What is the level of need in Nepal for palliative care?

Nepal population (2012)	27,474,000
Total Deaths (Annual)	186,000
NCD Deaths	110,800
Cancer Deaths	14,500
Cancer Deaths Needs Pall Care	12,180
HIV Deaths	4,100
HIV Deaths Needing Pall Care	2,255
Non-Cancer NCD Deaths (excl. sudden)	63,938
Non-Cancer Deaths Needing Pall Care	41,943
Total Deaths Needing Palliative Care	56,378
Total Patients Requiring Palliative Care	112,756

Non-cancer diagnoses

- Leprosy, neurological disease, stroke, spinal cord injury patient and end stage renal disease
- HIV/AIDS
- Dementia, cardiovascular disease, chronic respiratory diseases, neurological disease



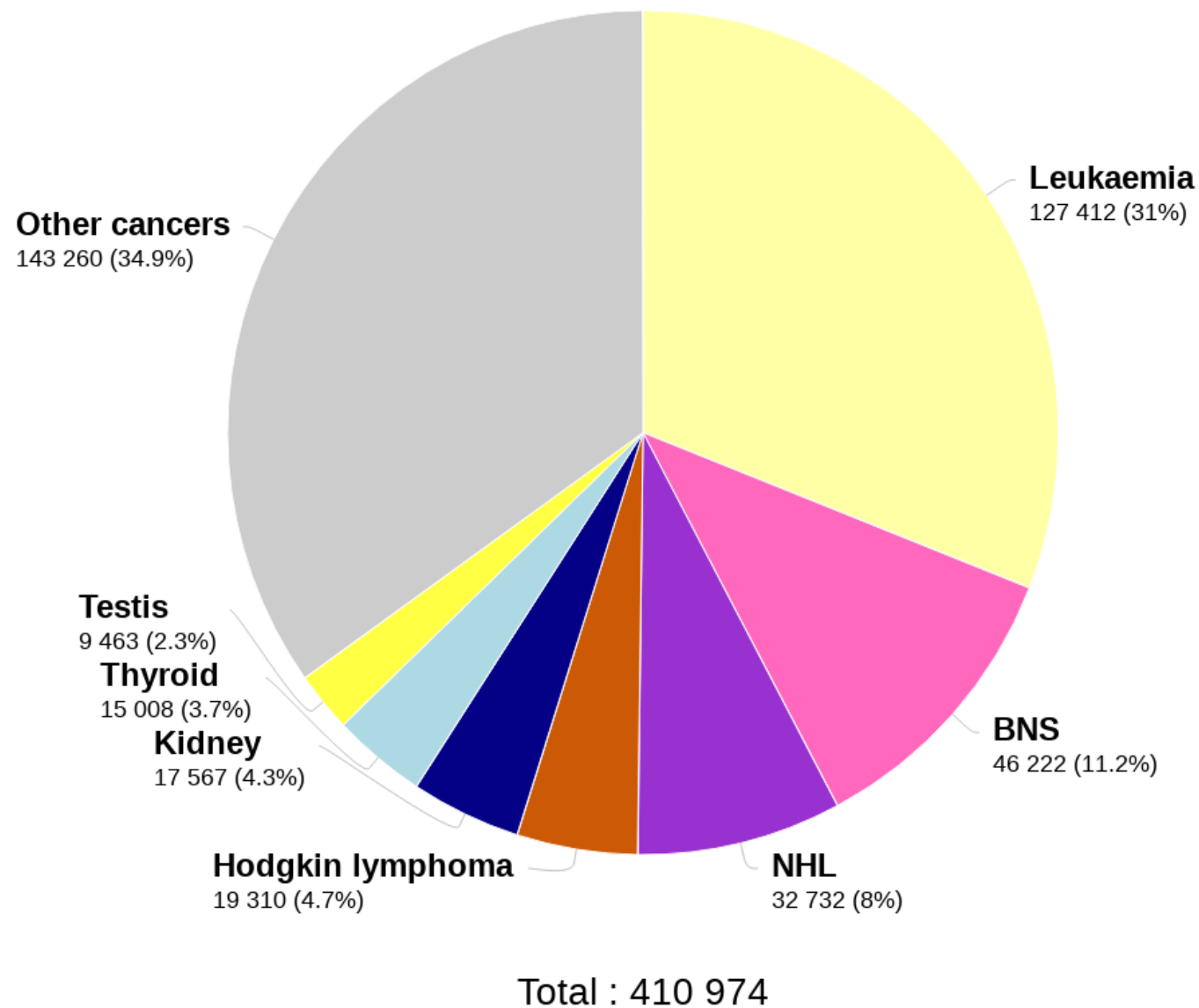
80 % of
people in
Nepal live
remotely in
rural areas



Children

- There is a great need for children's palliative care to develop in Nepal - in conjunction with curative treatments

Estimated number of new cases in 2018, Asia, worldwide, Nepal, both sexes, ages 0-19



Hospice Nepal

- There is a need for educational centres in Nepal that can promote the spread of palliative care
- The new hospice Nepal will provide :
 - Education
 - Advocacy
 - Rural Palliative Care
 - Children's palliative

As well as its clinical role