

ADDITIONAL RESOURCES COMPILED BY OUR VOLUNTEER TEAM

News Articles

[The Theatre Group Helping Dementia Patients Recall Their Life Stories](#) (Sky News, 2021)

Introduces the [Dot Collective theater group](#), which works with dementia patients to develop plays based on their last memories.

[Listening to Loved Songs on Repeat May Help People with Dementia](#) (VeryWellHealth, 2021)

Summarizes new studies adding to the growing body of evidence indicating that listening to familiar and loved music may benefit people with dementia.

[Ageism is a global challenge: UN](#) (WHO, 2021)

Presents findings from a recent UN Report on the effects of ageism and the implementation of strategies against it.

[New report highlights positive health and wellbeing impacts of arts and creativity in later life](#) (Public Health Ireland, 2021)

Introduces findings from the recent report on ['Arts and Creativity in Later Life: Implications for Public Health and Older People'](#) by the Institute of Public Health in Ireland.

[Living longer: how our population is changing and why it matters](#) (Office for National Statistics, 2018)

Summarizes findings on population ageing in the UK and puts this in context of related opportunities and challenges.

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Reports

[Loneliness and aging: Ireland, North and South](#) (Institute of Public Health in Ireland, 2016)

[Later Life in the United Kingdom](#) (Age UK, 2019)

[Impact of Covid-19 on older people's mental and physical health: one year on](#) (Age UK, 2021)

[Creative and Cultural Activities and Wellbeing in Later Life](#) (Age UK, 2018)

[Social isolation and loneliness among older people: advocacy brief](#) (WHO, 2021)

[The Arts and Aging: Building the Science](#) (USA: National Endowment for the Arts, 2013)

Scientific Publication

Wenqian Xu (2021). [The stigma of dementia and the media: An analysis of reality shows about older people with dementia running a pop-up restaurant](#). Journal of Aging Studies, Volume 59.

Argues for the need for more reality shows that emphasise the goals and capabilities of older people with dementia to counteract stigma of dementia and ageism.

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Other

Website: [Arts Council England](#)

Website: [Trelawnyd Male Voice Choir](#)

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