

ADDITIONAL RESOURCES COMPILED BY OUR VOLUNTEER TEAM

Scientific Publications

El-Menyar A, Mekkodathil A, Al-Thani H. [Traumatic injuries in patients with diabetes mellitus](#). J Emerg Trauma Shock. 2016;9(2):64-72. doi:10.4103/0974-2700.179461

A literature review exploring the evidence surrounding the comorbidity of traumatic injury and diabetes.

Bernstein, B. [Empowerment-Focused Dance/Movement Therapy for Trauma Recovery](#). Am J Dance Ther 41, 193–213 (2019).

Explores the use of dance as a method to recover from trauma.

Kullberg-Turtiainen M, Vuorela K, Huttula L, Turtiainen P, Koskinen S. [Individualized goal directed dance rehabilitation in chronic state of severe traumatic brain injury: A case study](#). Heliyon. 2019;5(2):e01184. Published 2019 Feb 12. doi:10.1016/j.heliyon.2019.e01184

A neuro-psycholgoical study examining the impact of dance rehabilitation interventions in patients with traumatic brain injury.

Stenberg, U, Haaland-Øverby, M, Koricho, AT, et al. [How can we support children, adolescents and young adults in managing chronic health challenges? A scoping review on the effects of patient education interventions](#). Health Expect. 2019; 22: 849– 862. <https://doi.org/10.1111/hex.12906>

Provides an overview of interventions to help young adults suffering from chronic illnesses.

Book

Dance Because You Can: 5 Steps to Transform Trauma Into Triumph (Jordan, 2018)

Amy Jordan's guide to recovering after traumatic experiences based on her own life experiences.

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News Articles

[A “syndemic” relationship: Managing depression and diabetes](#) (Progress in Mind, 2018)

Provides a brief introduction to the concept of syndemics, exploring the co-occurrence of diabetes and depression.

[A Deeper Hurt: The Emotional Trauma of Injury Can Be the Most Painful Part](#) (Pointe Magazine, 2012)

Discusses the emotional impact of injury from a dancer's perspective.

Other resources

[Dance As Therapy: Natalia Duong](#) (TEDxStanford, 2013)

Performance artist and Natalie Duong exploring her interdisciplinary research on mitigating intergenerational trauma from Agent Orange through movement and dance.

[Victory Dance Project - Website](#)

The Victory Dance Project's website with more in-depth information on the team and their work.

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