



## ADDITIONAL RESOURCES COMPILED BY OUR VOLUNTEER TEAM

### Scientific Publications

Sommer, M., Hirsch, J. S., Nathanson, C., & Parker, R. G. (2015). [Comfortably, safely, and without shame: Defining menstrual hygiene management as a public health issue](#). American Journal of Public Health, 105(7), 1302–1311.

<https://doi.org/10.2105/AJPH.2014.302525>

*Analyzes the discourse and problem framing around menstrual hygiene management to illustrate its rapid rise as an important area of global health. Findings include, notably, the relative importance of qualitative evidence over RCTs.*

Goldblatt, B., & Steele, L. (2019). [Bloody Unfair: Inequality Related to Menstruation — Considering the Role of Discrimination Law](#). SSRN Electronic Journal.

<https://doi.org/10.2139/ssrn.3485987>

*Explains both the successes and the limits of Discrimination Law in Australia helping to counteract structural inequalities resulting from menstruation.*

Chrisler, J., Gorman, J., Manion, J., Murgu, M., Barney, A., Adams-Clark, A., Newton, J., & McGrath, M. (2016) [Queer periods: attitudes toward and experiences with menstruation in the masculine of centre and transgender community](#). Culture, Health & Sexuality, 18:11, 1238-1250, DOI:10.1080/13691058.2016.1182645

*Exploratory research that outlines how attitudes of menstruators to menstruation intersects with their masculine of center identities.*



### News Articles

[Nine things you need to know about periods and the pandemic](#) (UNFPA, 2020)

*Outlines different interactions of COVID-19 and menstrual health, such as the necessity for providing hygiene products to all people who menstruate, including healthcare workers and specific vulnerable populations.*

[Investing in Menstrual Health Is an Investment in Global Health](#) (Stanford Social Innovation Review, 2020)

*Provides clear-cut priorities to tackle the complicated and intersectional issue of menstrual hygiene management within a Global Health frame.*

[Scotland Poised To Become 1st Country To Make Period Products Free](#) (NPR, 2020)

*Lauds Scotland for their recent progress against period poverty, and details parts of the debate surrounding the bill.*

[U.S. women push back against stigma, cost of menstruation](#) (Reuters, 2016)

*Summarizes remaining problems such as discriminatory VAT rates and lack of access to hygiene products in prison, as well as tentative trends such as improved research on the social status of menstruation and the increased break of taboos in advertisements.*

### Other Resources

[Bloody Good Period - Website](#)

[PeriodPoverty - Website](#)

[Freedom4Girls - Website](#)

[My Freda - Website](#)

# GLOBAL HEALTH FILM



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## **Other Resources**

[Period. End of Sentence.](#) (Shortfilm by Rayka Zehtabchi and Melissa Berton, 2018)

*Oscar-winning short film by [The Pad Project](#), an organization working through local and global partnerships to end period stigma and to empower women worldwide.*

[A bloody problem: period poverty, why we need to end it and how to do it](#)

(Report by Kulczyk Foundation and Founders Pledge, 2020)

*This report reveals the scale and burden of period poverty globally, the harms caused by a lack of access to sanitary products, and the effectiveness of activities to tackle period poverty.*

[A Toolkit for Integrating Menstrual Hygiene Management \(MHM\) into Humanitarian Response - The Full Guide](#) (Research for Health in Humanitarian Crisis Programme, 2017)

*Illustrates needs and priorities of menstrual hygiene, specifically adapted to emergency settings.*

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