

ADDITIONAL RESOURCES COMPILED BY OUR VOLUNTEER TEAM

Scientific Publications

Esfahani, M. N., Mirsepassi, G., & Atef-Vahid, M.-K. (2015). [Development of mental health law in Iran: work in progress.](#) *BJPsych. International*, 12(3), 68–70.

<https://doi.org/10.1192/s2056474000000477>

Briefly summarizes the process of developing a new legal basis for mental healthcare in Iran.

Bhugra, D., Pathare, S., Nardodkar, R., Gosavi, C., Ng, R., Torales, J., & Ventriglio, A. (2016). [Legislative provisions related to marriage and divorce of persons with mental health problems: a global review.](#) *International Review of Psychiatry*, 28(4), 386–392. <https://doi.org/10.1080/09540261.2016.1210577>

Assesses the laws relating to marriage in a wide range of countries, aiming to see how these are applied to people with mental illnesses and whether they are successful in safeguarding the right to marriage.

Damari, B., Alikhani, S., Riaz-Isfahani, S., & Hajebi, A. (2017). [Transition of mental health to a more responsible service in Iran.](#) *Iranian Journal of Psychiatry*, 12(1), 36–41.

Suggests the reform of mental healthcare in Iran based on universal primary healthcare and a socio-mental health approach.

Forouzan, A., Ghazinour, M., Dejman, M., Rafeiey, H., & Sebastian, M. (2011). [Testing the WHO responsiveness concept in the Iranian mental healthcare system: A qualitative study of service users.](#) *BMC Health Services Research*, 11. <https://doi.org/10.1186/1472-6963-11-325>

Qualitative study assessing the patients' experience with mental healthcare in Iran, concluding the need to improve the quality of consultations with care providers.

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News Articles

[Iran: People with Disabilities Face Discrimination and Abuse](#) (Human Rights Watch, 2018)

Illustrates the discrimination that people with disabilities face in Iran both in daily life and specifically in the context of the healthcare system.

[Fragile Minds: Inside an Iranian Mental Hospital](#) (Time, 2014)

Photoseries made in a hospital not unlike Ehsan's House, providing insights into the institutions of Iran's mental healthcare system.

Reports

[Women's mental health and rights in Iran: Unique challenges and opportunities for raising awareness and forging reform-A review and analysis](#) (Iranian Human Rights Review, 2016)

Puts the situation of womens' mental health in Iran into context of the country's past and its healthcare system.

[Mental health and human rights: Report of the United Nations High Commissioner for Human Rights](#) (UNHCR, 2017)

Report on the situation of those living with mental illness or using mental healthcare facilities, specifically from a Human Rights perspective.

[Innovation in deinstitutionalization: A WHO expert survey](#). (WHO, 2014)

Highlighting the importance as well as the challenges of shifting mental healthcare away from long-term hospitalization and towards community-based care.

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Other Resources

[#BreakTheChains Campaign](#) by Human Rights Watch - Website

[Ethics Talk: How to Share Decision Making With People Experiencing Mental Illness](#) (Podcast by AMA Journal of Medical Ethics, 2020)

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