

## ADDITIONAL RESOURCES COMPILED BY OUR VOLUNTEER TEAM

### Scientific Publications

Pariyar, B., & Lovett, J. C. (2016). [Dalit identity in urban Pokhara, Nepal](https://doi.org/10.1016/j.geoforum.2016.07.006). *Geoforum*, 75, 134–147. <https://doi.org/10.1016/j.geoforum.2016.07.006>

*A qualitative study of focus-group interviews on livelihoods, the caste system and forms of discrimination faced by Nepali Dalits who have migrated from villages to the city where Belmaya lives.*

Colombini, M., Mayhew, S. H., Hawkins, B., Bista, M., Joshi, S. K., Schei, B., & Watts, C. (2016). [Agenda setting and framing of gender-based violence in Nepal: How it became a health issue](https://doi.org/10.1093/heapol/czv091). *Health Policy and Planning*, 31(4), 493–503.

<https://doi.org/10.1093/heapol/czv091>

*Analyzes the process by which gender-based violence was placed on the policy agenda in Nepal.*

Acharya, D., Adhikari, R., Kreps, G. L., Gautam, K., Dhakal, K. P., Raikhola, P. S., & Bhattarai, R. (2020). [Educational Status of Female Youth in Nepal: A Foundation for Health and Well-being. Where Should Programmes Focus?](https://doi.org/10.1177/0971523120907207) *South Asian Survey*, 27(1), 7–18. <https://doi.org/10.1177/0971523120907207>

*Analyzes educational attainment as an important determinant of social potential for youth in Nepal.*

### Books

*My World My View* (Sue Carpenter, 2007)

*The culmination of the 'My World, My View' project, in which Sue taught documentary photography to disadvantaged girls in Nepal. Sue compiled and edited this full-colour 114-page book of more than 150 photographs, plus quotes and testimonies by the 22 participants, including Belmaya.*

[Working Towards Gender Equality in the Media](#) (Greta Gober, 2019)

*Book showcasing [International Association of Women in Radio and Television \(IAWRT\)](#) members' experiences and best practices for working towards advancing gender equality in and on the media in Kenya, South Africa, Tanzania, India and Uganda, applying the UNESCO Gender-Sensitive Indicators for Media.*

## Global Health Film Festival 2020

Global Health Film

10 Queen Street Place London EC4R 1BE

[www.globalhealthfilm.org](http://www.globalhealthfilm.org)

Registered Charity Number 1179829

Company number 10436509

### News Articles

[In Nepal, a storytelling initiative engages local women in dispelling stigma surrounding menstrual hygiene](#) (Firstpost, 2020)

*"The story of Kumari seeks to empower the women of Nepal to voice their discomfort with practices that should be critiqued, but have been pushed behind a veneer of culture."*

[Linking Women's personal stories of abuse to policy education in Nepal](#) (Witness, 2010)

*The author is the Co-Founder and current Director of [Silence Speaks](#). She is a digital video instructor/producer and public health consultant whose twelve-year history of involvement with women's health and violence prevention program and policy.*

[Mind the Gap: gender equality in the film industry](#) (UNESCO, 2019)

*Highlights the importance of measures to improve gender equality in the film industry and introduces the [Policy Monitoring Platform](#) as a tool to map them.*

[How to run your own Pop Up Cinema](#) (The Guardian, 2011)

*"Whether it's films on fridges or Cannes in a van, site-specific screenings are proving a summer hit. Here, the mavericks behind the magic tell us how to get in on the show."*

### Reports

[Unequal Citizens: Gender, caste and ethnic exclusion in Nepal](#) (World Bank, 2006)

*Examines hierarchies and power imbalances in Nepal.*

[Understanding Intimate Partner Violence in Nepal through a male lens](#) (Overseas Development Institute, 2017)

*Analyzes intimate partner violence in Nepal within the wider context of gender inequality.*

### Global Health Film Festival 2020

Global Health Film  
10 Queen Street Place London EC4R 1BE

[www.globalhealthfilm.org](http://www.globalhealthfilm.org)

Registered Charity Number 1179829

Company number 10436509

# GLOBAL HEALTH FILM

**ADDITIONAL RESOURCES  
COMPILED BY OUR VOLUNTEER TEAM**

## **Other Resources**

[Creating Participatory video with Communities](#) (Blog by Leeds University, 2018)

*Prof. Paul Cooke, the Centenary Chair at the Centre for World Cinemas and Digital Cultures at Leeds, outlines how using participatory video with young people has led to the development of the Changing the Story project, sharing examples of its sister projects in Nepal and Kenya.*

[Equal Access Nepal – ‘What Works’ to Prevent violence against women and girls](#)

(Shortfilm by VAWG)

*This research consortium has produced a [series](#) of short films and audio recordings from global experts designing, measuring and evaluating interventions to prevent gender-based violence.*

[Voices from the Creative Industry](#) (Podcast by Claret and Conversation, 2020)

*Sue Carpenter on ‘I am Belmaya’ – “A heartwarming and insightful conversation with professionals in the creative industry. We find out what inspired them to risk their livelihoods to join the creative industry.”*

[Story telling for Social Change – Amanda Jayapurna](#) (TedTalk, 2018)

*“Film and Animation is the perfect vehicle for storytelling and character development. When someone tells us their own personal story, we catch a glimpse of a view of the world that may be slightly or radically different from our own. When we see the world as they see it, or walk in their shoes, the experience can inspire empathy...”*

[Sue Carpenter - Website](#)

*Sue is the Director of Tideturner Films which produces independent documentaries. I am Belmaya was the first documentary feature which Sue worked on.*

[16 Days of Activism Against Gender-based Violence - Campaign](#)

*An international campaign launched and continues to be coordinated by the Center for Women's Global Leadership. This 16-day period also highlights other significant dates including November 29, International Women Human Rights Defenders Day and December 1, World AIDS Day.*

[WOW Foundation - Website](#)

*Charity that believes a gender equal world is desirable, possible and urgently required. “Through festivals, events and more, our global movement celebrates women and girls, taking a frank look at the obstacles they face and discussing solutions for change.”*

## **Global Health Film Festival 2020**

Global Health Film

10 Queen Street Place London EC4R 1BE

[www.globalhealthfilm.org](http://www.globalhealthfilm.org)

Registered Charity Number 1179829

Company number 10436509

# GLOBAL HEALTH FILM

**ADDITIONAL RESOURCES  
COMPILED BY OUR VOLUNTEER TEAM**

## **Take Action**

### [Social Impact campaign: I Am Belmaya - Website](#)

*Belmaya Nepali's Social Impact campaign lists resources for advocacy, how to screen your own watch party, fundraise and get involved in other initiatives, including more information on Belmaya's first film, 'Educate our Daughters'.*

### [Training: Digital media academy and mentoring](#) (GlobalGirl Media)

*Co-founded by Sue, GGM UK runs female-led courses in digital media skills. GGM offers a safe forum for girls to explore their creativity. By partnering with women media professionals, GlobalGirls gain practical expertise to ignite social change and disrupt the mainstream narrative. Consider applying to be a mentor for marketing, blogging, podcast or film skills, or signposting the programme to a young woman you know!*

### [Doc in a Day](#) (London Documentary Network)

*Join this informal Meetup group in London to try your hand at learning how to make a documentary film on a set theme in 36 hours! Professional film-makers, artists, writers or those who have never picked up a camera at all before can join a volunteer team to learn the art of documentary filmmaking. All levels of experience welcome and teams showcase their stories in a screening at the end of each weekend.*

**THANK YOU FOR YOUR INTEREST!**

**We are grateful for any donations made to Global Health Film.  
Please donate [here](#) to support us in our work!**

## **Global Health Film Festival 2020**

Global Health Film  
10 Queen Street Place London EC4R 1BE

[www.globalhealthfilm.org](http://www.globalhealthfilm.org)

Registered Charity Number 1179829

Company number 10436509