

# VAMIK'S ROOM

#### ADDITIONAL RESOURCES COMPILED BY OUR VOLUNTEER TEAM

#### **News Articles**

#### <u>Is trauma handed down through generations?</u> (The Guardian, 2019)

Gives insight on transgenerational trauma from the experience of Saleem, who was on sniper duty in the Lebanon-Israel war of 2006, as well as from psychiatrists and psychologists.

### <u>Post-war reconciliation can open wounds, deepen trauma: researchers</u> (Reuters, 2016)

Focuses on a study that analyses the outcome of a reconciliation program in Sierra Leone between 2011 and 2012 a decade after the country ended its civil war.

#### How young refugees' traumatic pasts shape their mental health (Nature, 2020)

Based on a research study that identified the risk of young migrants' developing psychiatric disorders increases dramatically with the number of traumas experienced.

#### Reports

#### **UNHCR The Global Report 2019**

Summary of the work by UNHCR to protect and improve the lives of refugees, returnees, internally displaced people, stateless persons, and others of concern

#### Human Rights Watch World Report 2019

Annual review of human rights practices around the world.

#### Invisible Wounds (Save the Children, 2017)

A report on the impact of six years of war on the mental health of Syria's children

#### Global Health Film Festival 2020

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#### **Scientific Publications**

Volkan, V. D. (2001) <u>Transgenerational Transmissions and Chosen Traumas: An Aspect of Large-Group Identity</u>, Group Analysis, 34(1), pp. 79–97. doi: 10.1177/05333160122077730.

Explores large-group identity, regression of large groups, subsequent 'chosen trauma' as well asits consequences.

Volkan, V. D. (2018) 'Refugees as the Other: Large-group identity, terrorism and border psychology', Group Analysis, 51(3), pp. 343–358. doi: 10.1177/0533316418784714.

Describes large-group identity and its development as well as examines shared psychological processes in European countries and the United States when newcomers are perceived as the 'dangerous Other'.

Volkan, V.D. (2016) '<u>Guns and Violence in the International Arena'</u>. Applied Analytic Studies, 13(2), pp. 102-112. https://doi.org/10.1002/aps.1491

An interdisciplinary approach based on psychoanalysis in examining gun violence in the United States.

#### **Books**

Large-Group Psychology: Racism, Societal Divisions, Narcissistic Leaders and Who We Are Now (Vamik D. Volkan, 2020)

Investigates underlying psychology of societal divisions as part of an updated exploration of large-group psychology from psychoanalyist Dr. Vamik D. Volkan.

Bloodlines: from ethnic pride to ethnic terrorism (Vamik D. Volkan, 1998)

Explores ethnic violence by examining history and diplomacy through a psycho-analytic lens focusing on the Middle East, Russia, Turkey, Cyprus, the Baltics, and the Balkans.

The Psychodynamics of international relationships (Vamik D. Volkan, Demetrios Julius, Joseph Montville, 1990)

Explores roots of political conflict and violence and creates tools for managing and resolving international conflicts with perspectives from psychoanalysis, psychiatry, psychology, political science, public policy.

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#### Other

<u>Conciliation Resources: Work on the Georgian-Abkhaz conflict</u> *Includes possibility to donate* 

#### <u>International Dialogue Initiative</u> - Website

The IDI facilitates reflective dialogues between representatives of groups in conflict, with the aim of learning about the historical and emotional basis for these troubled relationships, including the effect of past trauma on large group identity.

Refugee Council: Mental health support for refugees and asylum seekers Includes possibility to donate

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