

Reflections of a new homeopath on entering the profession



Newly qualified Canadian homeopath, Rhea Batra, chats with the experienced and accomplished homeopath and author, Dr Brian Kaplan

Every day a new homeopath enters the field of homeopathy, in hopes of helping those in need and making a difference. We graduate from school with hopes and dreams, but with no idea what to expect in the real world. I too found myself in that position not too long ago. My name is Rhea Batra, and I am a new homeopath from Toronto. I recently finished my studies, first completing an Honours Bachelor's degree in Life Sciences from the University of Toronto, and then a Graduate Diploma in Homeopathic medicine and Medical Sciences from the Ontario College of Homeopathic Medicine. Coming from a South Asian background, I had been exposed to homeopathy from an early age. However, I saw that the people around me had not heard of homeopathy before, and had therefore never tried it. In hopes of moving to Europe and spreading awareness on the topic, I began searching organisations that shared my passion and goals regarding homeopathy and got in touch with the Faculty of Homeopathy.

Being a new member of such a prestigious group, I was eager to not only get involved, but also to learn about the role homeopathy has played in the United Kingdom. I was then introduced to Dr Brian Kaplan, who also shared the vision of speaking about the wonders of homeopathy to give it the prestige it deserves. Dr Kaplan is a veteran in the homeopathic field who wanted to speak about his journey and why homeopathy has become the hidden wonder it is today. The Faculty introduced us,

giving the chance for myself, as a new homeopath to learn from the experience of a well-known figure in the community, as the best place to start, is always by learning from the past.

With this podcast, we covered Brian Kaplan's journey from being a general physician in South Africa, to a homeopath in a homeopathic hospital in London. We then also look into the journey homeopathy as a field took over the years in London, and how it went from being such a respected healthcare field, to something which has almost disappeared from the public eye due to heavy criticism after the establishing of the NHS. Lastly, Dr Kaplan shares his insights on the use of humour in treatment, as well as in homeopathic case taking. Dr Kaplan does a wonderful job in sharing his story, going into the details of those who were next to him on his journey, helping us understand the current state of homeopathy.

Entering a new field can be intimidating, especially at a time where

the whole world seems to be at a standstill. Which is why, as a new homeopath, I was so eager to talk to someone who has been through a journey in the field and gained the experience that I hope to achieve some day. By doing this podcast, I was able to learn the basics of the political and social aspects of this field, and it really helped me understand that the goal is not only to help those we can, but to also overcome the stigmas that have been created over the years. We have learned about treating patients and the history of the field, but talking to Dr Kaplan, helped give me the realistic view of the world which I have entered, and I am grateful to the Faculty of Homeopathy for giving me this chance, as now with this podcast, I feel like the one aspect I was missing in my studies is now complete, and I can enter the field having learnt from the experience of those before me.

Rhea Batra

To listen to the podcast - Interview with Dr Brian Kaplan and Rhea Batra 'How I became a homeopath: My life and my practice' by the Faculty of Homeopathy Accredited Learning • A podcast on Anchor



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