



Trustee Candidate Pack

The EPIC Restart Foundation is a UK charity providing practical support to empower those recovering from a gambling disorder to positively restart their lives.

Our approach

Gambling addiction devastates lives, and many people struggle to establish or sustain a positive recovery. Poor mental health, depression and anxiety as well as isolation, stigma and lack of confidence all increase the risk of relapse, even after treatment.

We believe it is essential to break the cycle of gambling harm and repeated relapse. Our pioneering approach brings together treatment providers, experts in coaching and recovery, and those with lived experience of gambling harm to offer transformational, person-centred support.

We offer life changing events, personal development workshops and intensive lived experience mentoring that inspires and empowers individuals to take action to rebuild their own lives – with the confidence to take personal responsibility for their onward journey of recovery.

Since the launch of our pilot programme in May 2021 we have supported over 174 individuals directly and reached over 900 through our Outreach work. We are gaining significant respect in the sector and our programmes are being met with fantastic feedback from participants and partners, as well as positive results from independent expert evaluation.

***“The single best thing I have ever done for myself. I have a renewed sense of power over my life, my mindset, and my goals. A genuinely life changing experience.”* 2021 Delegate**

“Such an important partnership that provides life changing & life improving opportunities for our clients after treatment” Head of Service Development, Gordon Moody Assoc

Lived Experience

Lived experience is at the heart of all we do and an essential contributor to our success. Some of our trustees have lived experience or are ‘affected others’ and our Mentors have all suffered severe gambling harm. They use their experiences to positively support others on their journey of recovery - empowering them to regain the confidence and resilience needed to move on with their lives after gambling harm.

EPIC Restart Foundation was created by EPIC Risk Management, a leading gambling harm minimisation consultancy. Many of the EPIC Risk team, including CEO Paul Buck, have lived experience of gambling harm and their passion to help others who have suffered the effects of gambling addiction was the inspiration for the Foundation. EPIC Risk continue to support the Foundation through representation on our Board of trustees, and through financial and in-kind support.



Why join EPIC Restart Foundation’s Board of Trustees?

EPIC Restart Foundation is a small charity with big ambitions. Our approach is innovative, and we are already demonstrating a big impact on those whom we support. Our board of trustees wishes to expand its expertise by recruiting strategic-minded individuals with a variety of skills to join our board. Joining the Foundation’s board at this crucial time gives trustees the opportunity to play a huge role in shaping our future.

Trustee - Role Description

Trustees play an essential role in making sure that EPIC Restart Foundation achieves its core purpose. Trustees oversee the overall management and administration of the charity, delegating authority to the CEO, Sharon Parr. They also ensure that we have a clear strategy and that our work and goals are in line with our vision.

Trustees work collectively to support, challenge and encourage the CEO and her team to enable the Foundation to grow and thrive, and through this, achieve our mission.

Key Responsibilities

- Support and advise on EPIC Restart Foundation's purpose, vision, goals and activities.
- Approve strategy and policies and monitor their implementation.
- Review and approve the Foundation's financial plans and budgets and monitor progress.
- Ensure the effective and efficient administration of the Foundation.
- Ensure that key risks are being identified, monitored and controlled effectively.
- Keep abreast of changes in the Foundation's operating environment.
- Attend Board meetings, having read papers and adequately prepared to contribute to discussions.
- Use independent judgement, acting legally and in good faith to promote and protect the Foundation's interests, to the exclusion of their own personal and/or any third-party interests.
- Contribute to the broader promotion of the Foundation's aims and reputation by applying their skills, expertise, knowledge and contacts.

In addition to the above responsibilities, each trustee should use any specific skills, knowledge or experience they possess, to enable the Board to reach sound decisions. As a small charity, there are times when trustees also need to be actively involved beyond Board meetings. This may involve scrutinising documentation, focusing on key issues, providing advice and guidance on new initiatives and opening doors with external contacts and funders.

Could this be You?

We are looking for people willing to bring energy, enthusiasm and a pro-active commitment to the role, and who will broaden the skill set and diversity of thinking on our Board.

Trustees should have an awareness of the gambling sector and gambling harm; a firm belief in the Foundation's vision and purpose and a strong desire to help people who have suffered gambling addiction. An understanding of the Third Sector is also an advantage.

We are particularly interested in hearing from people with experience as follows:

- Clinical experience, preferably in gambling addiction, mental health, or related addiction services
- People and organisational development
- Lived experience of gambling harm (including as an 'affected other')
- Fundraising (charitable and corporate)
- Financial and Business skills
- Marketing, Communications and Brand

Skills and abilities

- Strong communication and interpersonal skills. Willing to participate actively as a trustee.
- Ability to think creatively and strategically, exercising good independent judgement.
- Ability to analyse the use of resources, operational and financial performance and the management of risk
- Commercial and operational experience and the ability to apply this in a way which will assist the Foundation to grow, thrive and achieve its mission and purpose.
- Willingness to accept the responsibilities and liabilities of a trustee and to act in the best interests of the Foundation.
- Commitment to Nolan's seven principles of public life: selflessness, integrity, objectivity, accountability, openness, honesty and leadership.

Terms of appointment

- Trustees are appointed for a term of office not exceeding five years.
- This is a voluntary position, but reasonable travelling expenses are reimbursed.

Time commitment

- Attending approx. 6 Board meetings annually. At least 3 meetings are held in person at the offices of EPIC Risk Management in Appley Bridge, WN6 and other meetings are held remotely.
- Trustees may also be requested to attend occasional strategy meetings, training or EPIC Restart Foundation events.

How to apply

If you would like to discuss this voluntary role before making an application, please contact:

Sharon Parr

Chief Executive Officer
EPIC Restart Foundation

E: sharon@epicrestartfoundation.org T: 07534 665564
www.epicrestartfoundation.org Reg charity 1192907

To make an application please:

Send your CV and a supporting letter that sets out why you would like to become an EPIC Restart Foundation trustee and how you meet the knowledge and experience criteria.

Shortlisted candidates will be asked to attend a Teams or Zoom call with the Foundation's Chair of Trustees Robert White, CEO Brabners to discuss the opportunity.

Closing date

9 December 2022