

NHS Foundation Trust

Easy Read Patient Information -Having a Blood Test





Having a blood test



Blood tests can be done at the hospital or at your own doctors.



Blood tests can be done by a nurse or a doctor or a special worker called a phlebotomist.



Having your blood tested can tell the doctors if you are poorly.



Blood tests are usually taken from your arm.



This is what we will use to take your blood.



The nurse or doctor might wear gloves.



The nurse or doctor will ask you your name and birthday.



The nurse or doctor will put a band around your arm. This might feel tight.



The nurse or doctor will clean your skin.



You might be asked to make a fist with your hand.



The nurse or doctor will put a needle in your arm. This might hurt.



Do not move. You can look away if you want.



Your blood will flow in to the needle and be collected in a special bottle.



The band will be taken off your arm.



The nurse or the doctor will take the needle out of your arm.



They will put some cotton wool on your arm.



The nurse or doctor might put a plaster on your arm.



The nurse or doctor will tell you when the blood test is finished.



Your blood will be checked in the laboratory.



The results will be sent to your doctor who will explain them to you.

Chesterfield Royal Hospital **NHS** Foundation Trust

If you would like to talk to someone about this information please call 01246 512249 (Blood Tests).

We can arrange help if you use British Sign Language.

Someone can help if you do not speak English. Please let us know before you come to the hospital.

Let us know if you need help to communicate.

For more information go to www.chesterfieldroyal.nhs.uk

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Approved by Chesterfield, Bolsover & North East Derbyshire Reps on Board.

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