



Royal College  
of Nursing

## Patient Controlled Analgesia (PCA)

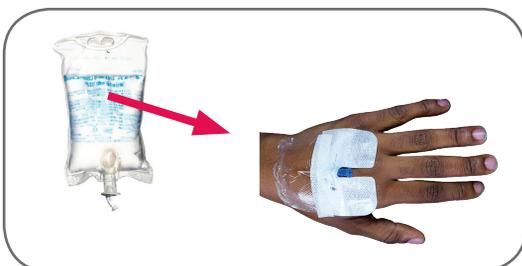
This will help to make your pain go away after your operation.

You will have something called 'a drip' attached to you.



A drip is a bag of liquid medicine.

The drip is attached to your hand with a tube.



The **pain medicine** in your drip goes into your body through your hand.

If you are in pain you can have some medicine to stop the pain.



You can give yourself pain medicine when you need it.



You will be given a button to press. Press this button when you have pain.



When you press the button some pain medicine goes into your drip.

The medicine makes the pain less for a while.



# The doctors and nurses will look after you.

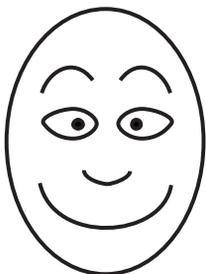


They will ask if you are in pain.  
They will check that your pain medicine is working ok.



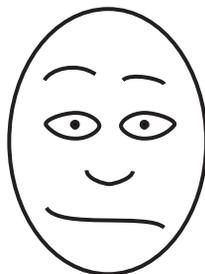
If you need help or are in pain tell the nurse.  
They will help you.

# This pain scale may help you say how bad the pain is.



No pain

0



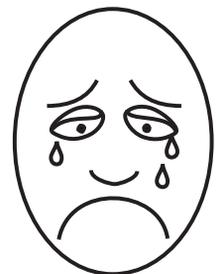
Some pain

1



Bad pain

2



Very bad pain

3

## You may not be able to tell us that you are in pain.

Some people show they are in pain by how they behave.



They may  
get upset



They may  
go quiet



They may  
be noisy

Your supporters can tell us how  
to notice that you are in pain.

They can write in  
the box below.

