

# hello **We're The Dash Charity**

We support those within our community affected by domestic abuse by delivering a range of specialist services that will break the cycle of abuse enabling individuals and families to thrive

**Our pledge?** Domestic abuse stops here.

## Wish List

Our wish list includes items or experiences that will make a real and lasting difference to the families we support. If you would like to make a contribution, you can make a real difference and help our families smile again.



- Supermarket or Clothing vouchers for families arriving at refuge
- PAYG Mobile phones/SIMS so clients can have a safe means of contact
- Tickets to local activities so refuge and outreach families can have fun experiences
- Minibus hire for refuge trips to the seaside
- In Kind use of office space to allow us to teach others about domestic abuse or facilitate our support groups
- New single mattresses, bedding, duvets, pillows or towels for refuge
- Items for our After-School and Homework Clubs
- Auction & raffle prizes or experiences to help us fundraise at events
- New kitchen equipment & electricals for refuge
- Emergency packs of sanitary items, toiletries and underwear for refuge
- New toys, bikes or books for refuge children
- New garden toys or furniture for refuge
- Emergency packs of pyjamas, cuddlies and toiletries for children coming into refuge
- Restaurant vouchers, cake /balloons/ badge for a family birthday celebration

**These items help make stressful and challenging times for our families, a little easier.**

Thankyou!

If you would like to find out more about other ways to support us or get involved, please contact:

Caron on 07912463556 or email  
[caron@thedashcharity.org.uk](mailto:caron@thedashcharity.org.uk)



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