



A LIVING WILL, WHAT IS IT AND HOW TO REGISTER IT

WHAT IS A LIVING WILL?

A living will is a legally binding document where you specify the treatments you accept and refuse as well as certain basic aspects of your wishes for when you die. This document will be used at a time when you are no longer able to express your wishes due to the deterioration of your health. One of the options that can be included in a living will is a request for an assisted death (euthanasia) which was approved in Spain in 2021.

HOW TO REGISTER YOUR LIVING WILL¹

1. Download the template that is most suited to your needs, print it off and fill it in (the form needs to be in Spanish, but we have also included English translations to help you fill in the Spanish forms).
2. If you decide to send the form to the registry by post you will need to fill in form 2 or 3. Find three witnesses to sign your living will. They must be off age and vouch that you have your full mental abilities and that you are signing the document freely. These witnesses must not be related to you in any way or have any kind of financial ties.
3. You may, if you wish, appoint two representatives, they will have the role of ensuring the medical team comply with your wishes. It must be someone you trust and preferably younger than you. In this case fill in forms 1 or 2.

¹ Regulations regarding living wills vary in the different regions of Spain, these instructions are valid for the Balearic Islands, where a living will is known as Voluntades Anticipadas.

4. Included a certified copy² of the DNI (or TIE; NIE and passports) of all those signing the document (yourself, witnesses and representatives).
5. Download and fill in the request to register your living will or modify/substitute your existing living will (forms 5 or 6).
6. Once the paperwork is ready, you can send it to the Register by mail or request an appointment in your [local office](#) to file it in person (if you file it in person, you do not need three witnesses, therefore you can fill in forms 1 or 4).

SEND BY REGISTERED MAIL³ TO:

Registre de Voluntats Anticipades de Palma
Carrer Jesús, 38 A
07010 Palma
Telf 971 177 383/ 900 701 130

While it is highly recommended that you register your living will to ensure your wishes are met, **in case of an emergency**, it is enough to sign the document in front of three witnesses, as described above (forms 2 or 3). The document has the same validity but you must make sure someone you trust can present it to your medical team when needed.

Another option is to sign your living will in front of a notary, this does have a cost and you may still need to register it yourself, check this with the notary at the time of signing. In this case there will be no need for witnesses so you can fill in forms 1 or 4.

As these are very personal and delicate issues, make sure you reflect carefully before making any decision. This is your living will and must reflect your wishes and decisions.

These instructions are for the Balears, if you move somewhere else in Spain or back to the UK your living will may no longer be valid, you would need to register a new one following the procedures in place in your new location.

If you have any questions or need help filling out the forms or arranging for them to be registered, contact us on info@cancersupportmallorca.com

² This can be done at the Police Station in c/Simo Ballester 8 Palma. No appointment is needed, inform the receptionist you are a member of Cancer Support Mallorca and are here to have some documents certified (COMPULSA DE DOCUMENTOS), you may ask for Luis or Romina who are in charge of this transaction.

You must take the original document (NIE; TIE; PASSPORT; DNI) and a photocopy (both sides of the document must be on one side of a sheet of paper). One representative may take all the original documents and photocopies that need to be certified, in which case each person will need to sign the REPRESENTATION AUTHORIZATION.

If you are struggling with this, we can arrange for a volunteer to help.

³ Correo certificado