

## Magic Loop Method

Rev 5/30/17 for sizing

### materials

- Cascade Yarns Ultra Pima Fine, sport weight cotton (Ultra Pima, DK) See below for approved yarns for distribution by [knittedknockers.org](http://knittedknockers.org) groups\*
- 2 double point needles, size 4 (5), Size 4 (5) cable needle 24 + inches
- Stitch markers
- Tapestry needle

### outer piece

- CO 3 sts - Knit 4 rows I-Cord (this will be knotted for “nipple”) - 3 sts.  
*To make knockers without nipples, omit the I-cord and just CO 3 stitches*
- Next row - kfb every stitch - 6 sts.

Cup size	Stuffed Diameter	Total St	Stitches per section
A	4.5"	72(66)	24(22)
B	5"	78(72)	26(24)
C	5.5"	90(84)	30(28)
D	6"	102(90)	34(30)
E/DD	6.5"	108(96)	36(32)

Place sts on cable and pull up loop with 2 sts on front needle and 4 sts on back needle. Place marker in middle of the 4 sts. Start knitting in the round.

- Round 1 - \*kfb, k1 repeat from \* to end of round - 9 sts.
- Round 2 - Knit to last stitch of each section, m1r, k1 - 12 sts.
- Repeat rnd 2 according to the table for the desired cup size.

*Note: you may wish to redistribute sts on the needles at some point; if you do so, take care to insert a stitch marker after the original first section.*

- Purl 2 rounds.

### inner piece

- Round 1 - \*K to last 2 sts of each section, k2tog. Repeat from \* to end of round.
- Round 2 - \*Ssk, k to last 2 sts of each section, k2tog. Repeat from \* to end of round.
- Repeat rnds 1 and 2 until 24 sts total remain.
- (As applicable) Knot I-Cord very tightly and stitch down for small nipple (no more than 3/8" in diameter)
- Repeat rnds 1 and 2 until 12 sts total remain.
- Cut yarn (long tail) - thread tail through 12 sts and leave loose to allow for stuffing
- Fill with Premium Poly Fiber Fill (*Optional, we will fill for you if you want :-)*)

- **\*\*Knitted Knockers Support Foundation has created a list of tested and approved yarns appropriate for knitted knockers. Please note that only knockers made from this list will be used to fill orders from [knittedknockers.org](http://knittedknockers.org) so if knitting or crocheting for us please only use these yarns. While Knitted Knockers are a great “stash buster” taking only about 50 yards of yarn depending on size of course, the knockers may be worn against sensitive skin and must be durable, breathable and stay soft after washing. Also note the acrylic yarns are only used for swimming knockers. You can find the list of approved yarns at [knittedknockers.org](http://knittedknockers.org) or attached to this pattern when downloaded.**
- The most requests are for pairs of neutral colors. If you don't have enough of one color to finish a knocker feel free to finish the inner piece with a complimentary color using the same type of yarn. If you get bored with the flesh tones by all means make a creative, bright pair if you want. We do get requests for those too :-). Don't stress too much about the sizing. The most important thing is to make sure that all pairs are the same size (same number of stitches). About 75% of the requests are for sizes B and C with the rest size A, D and DD.
- There is a 3 part series of videos on how to make great Knitted Knockers at [knittedknockers.org](http://knittedknockers.org).
- If you don't have someone to give your beautiful knocker to please send them to us for distribution (always free to the recipient). We need lots of them! Send to Knitted Knockers, 1780 Iowa Street, Bellingham, WA 98229. Be sure and include the yarn label and your contact info so we can thank you! Visit <http://www.knittedknockers.org/> (the one with the pink ribbon logo on it) to learn more and to link yourself as a provider, or to locate a group in your area. We have print materials we can help support you with including care instructions, cards and brochures. Thank you so much!!!

## KNITTED KNOCKERS APPROVED YARNS - revised 6-18-19

Please note that only knockers made from the following list will be used to fill orders from [knittedknockers.org](http://knittedknockers.org) so if knitting or crocheting for us please only use these yarns. All are good for knitting, some are also good for crochet where indicated "C". Acrylic yarns are approved only for swimming and indicated with "A".

Berroco, <u>Modern Cotton DK</u> (Note only DK weight is approved)- C	Katia, <u>Mississippi 3</u>	Sostrene Grene, <u>Anna &amp; Clara</u> - C
Cascade Yarns, <u>Cherub DK</u> - C, A	Kertzer Yarns, <u>Butterfly Super 10</u>	Tahki, <u>Cotton Classic DK (Must be DK)</u>
Cascade Yarns, <u>Ultra Pima</u> - C	Kraemer Yarns, <u>Tatamy</u> - A	Tahki, <u>Cotton Classic Lite</u> - C
Cascade Yarns, <u>Ultra Pima Fine</u> - C	Knit Picks, <u>Comfy Sport</u> - A	TB Ramsden, <u>Wendy Supreme 100% luxury cotton DK (Must be DK)</u>
Cascade Yarns, <u>Noble Cotton</u> - C	Knit Picks, <u>Comfy Fingering</u> - C, A	Trendsetter Yarns, <u>Lana Grossa Elastico</u>
Cloudborn, <u>100% Pima Cotton DK</u> - C	Lion Brand <u>COBOO</u> - C	Universal Yarns, <u>Bamboo Pop</u> - C
Ella Rae, <u>Phoenix DK</u> - C	Paintbox, <u>Cotton DK</u>	Universal Yarns, <u>Garden 3</u> - C
Euro Baby, <u>Kid Cotton</u>	Patons, <u>Grace</u> - C	UY- Fibra Natura, <u>Radiant Cotton</u>
Fair Isle, <u>Harbor</u> - C	Plymouth Yarns, <u>Anne</u> - C	Valley Yarns, <u>Southwick</u>
Fiesta Yarns, <u>Cottonista</u>	Plymouth Yarns, <u>Cleo</u>	
HiKoo, <u>CoBaSi DK</u>	Premier Yarns, <u>Cotton Fair</u> - C, A	
Jaeger, <u>Aqua Cotton</u>	Rowan, <u>Cotton Glace</u>	
	Schachenmayr, <u>Catania</u> C	

We have carefully compiled this list of approved yarns for our knitters & crocheters. All approved yarns have been tested and proven to be washable, stay soft after air drying, breathable, durable, the correct weight & make beautiful knockers. Our challenge has always been to identify yarns that are preferred by our recipients, available & affordable. The list has over 30 choices that can be purchased at local yarn stores, online or at "Big Box" stores at a variety of price points. The cost per average sized knocker using these yarns can vary from about \$1.20 to \$2.00 per knocker. Very affordable when you think about the difference it makes to the woman who wears them!

For the wearer, it is crucial that the knocker fiber not exacerbate a highly sensitive part of a woman's body that may have already suffered from surgical scarring, nerve damage, and possible radiation burns. To minimize the chances of this happening we ask that knitters & crocheters choose a yarn that we've already tested & know that every knocker created will be gratefully received & loved by the wearer. We receive constant affirmation that these ladies truly appreciate the time & talent that a caring volunteer took to make these for them. Check out some testimonials from grateful recipients if you ever want to remind yourself that what you are doing is making a difference! <http://www.knittedknockers.org/testimonials/>.

*Please note that "I Love this Cotton" from Hobby Lobby is too heavy & washes up stiff when air dried so is not appropriate for knitted knockers.*

You can mail completed, unstuffed knockers to us at Knitted Knockers Support Foundation, 1780 Iowa St., Bellingham, WA 98229. **Please include your contact information & the yarn label.**

If stuffing, use a high quality poly fiber fill. Slightly overstuff & leave back open for adjustment. We use Premium Poly Fiber Fill made by Fairfield & found at Joann's & Walmart.

Yarns no longer on the list may have been discontinued but still would be accepted if on the prior 10/2/17 Approved Yarn list.

Knitted Knockers Support Foundation is a non profit run completely by volunteers, (no paid staff). Donations are very much appreciated to help offset costs. Postage in 2017 was over \$58,000 alone!

Thank you for making knockers!!!!