

Children and Young People Transformation Programme

Integration of services for children and young people

January 2020

The NHS Long Term Plan focuses on improving health and care for children and young people



- Our children and young people need an NHS that supports them to live a happy and healthy childhoods and to grow through adolescence into resilient adults who live long and healthy lives. Over the last 25 years we have seen improvements in health outcomes for children and young people and work has been done to improve both physical and mental health as part of the vision of the Five Year Forward View.
- However, 1.7 million children have longstanding illnesses, including asthma, epilepsy and diabetes, and England lags behind international comparators in some important aspects of child health. Young people are increasingly exposed to two new childhood epidemics – obesity and mental distress.
- The NHS of the future needs to be responsive to changing needs, support children and young people in making healthy lifestyle choices and to influence their relationship with health services as they become the adults of the future.
- A CYP Transformation Board was set up to oversee the delivery of commitments in the NHS Long Term Plan through ten workstreams. This included setting up the CYP Transformation Programme Team which will deliver across four areas including developing integrated models of care that meet the needs of children and young people.

Case for change

Obesity

- In 2016, 23% of 4-5 year olds and 34% of 10-11 year olds were overweight or obese and 4% of 10-11 year olds had severe obesity
- **2.5 million children in England are overweight or obese – with 1.22 million significantly obese** and eligible for treatment according to NICE guidance

Asthma

- The UK has one of the **highest prevalence, emergency admission and death rates for childhood asthma** in Europe, despite a slight fall in unplanned admission rates for asthma from 256 to 185 per 100,000 population between 2006/7 and 2016/17 in England

Hospital / ED admissions

- In England, children and young people make up **26% of all emergency department attendances** and are the most likely age-group to attend emergency inappropriately. We know around 30-50% of ED attendances **could be managed in integrated care services** linking primary and community care with paediatric expertise.

Epilepsy

- Epilepsy is the **most common significant neurological disorder** in children under the age of 19: more than one in 220 have epilepsy (approximately 63,400).
- The total costs of admissions attributable to paediatric epilepsy in 2016-17 was £18.4m.

Diabetes

- **31,500 children and young people under the age of 19 have diabetes** in the UK, with 95% having Type 1 diabetes.
- **Rise in obesity may result in more Type 2 diabetes** in the long term

Infant mortality

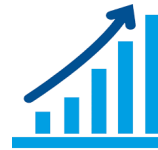
- **60% of child deaths occur during the first year of life**, and 70% of those are in the neonatal period (within the first month of life). **Without action, UK infant mortality rates could be 140% higher** than other comparable countries by 2030

The CYP Transformation Programme Team will lead change nationally to integrate and improve services that include CYP



Integrate

- We will **integrate services for children and young** people by working with local health and care systems and a national evaluator to develop and test integrated models of care.
- We will then scale proven models of care across the country.



Improve

- We will **improve quality of care** for CYP with long term conditions like asthma, epilepsy, diabetes and obesity.
- Develop a Paediatric Early Warning Score (PEWS) systems to detect the deteriorating child.
- Oversee the implementation of the Paediatric Critical Care and Specialised Surgery in Children Review

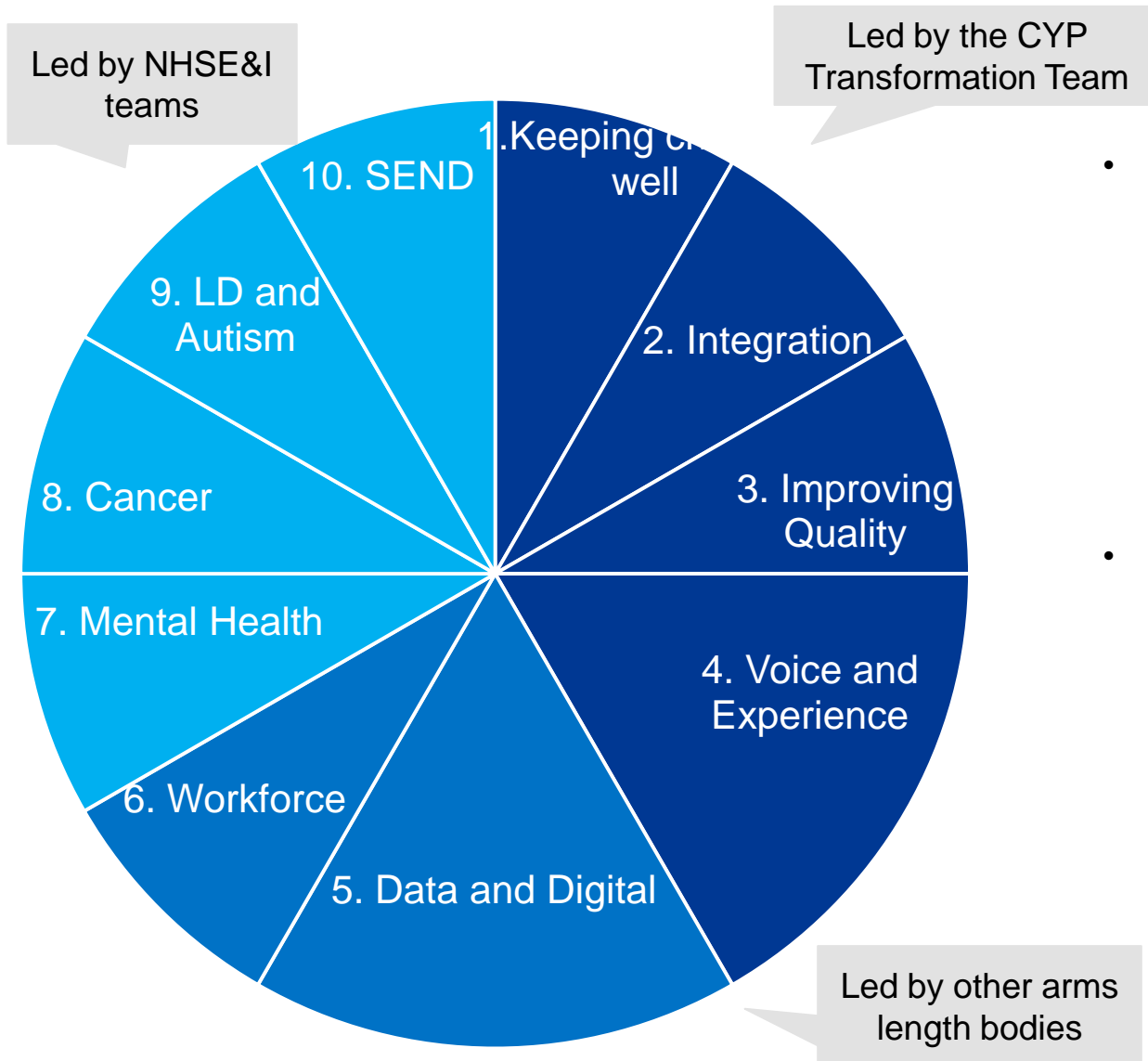


Include

- We will **include with children and young people in national policy and programme** development to ensure that services are designed to meet the needs of CYP.
- Youth Champions and the Stakeholder Council will be central to testing policy development and delivery plans with CYP.

Note: We will work with Public Health England on scoping Keeping Children Well

Ten workstreams are overseen by the Board and four are delivered by the CYP Transformation Programme Team



- Based on commitments made in the NHS Long Term Plan, the Children and Young People’s Transformation Programme was established improve outcomes and reduce health inequalities for all those aged 0 – 25.
- CYP Transformation Programme Team is responsible for taking forward three workstreams (voice, quality and integration) and providing secretariat for the CYP Transformation Board

We will work across national, regional and local systems to develop and deliver integrated models of care for CYP

National

Leadership and direction setting

- Support local health economies and networks to implement the vision for integrated services for children and young people.
- National coordination of the selection process for test sites.
- National coordination and direction setting for the Integration Policy Oversight Group and Integration Operational Oversight Group
- Alignment of CYP policy.

Regional

Implementation oversight & coordination

- Oversee the delivery of the commitments in the NHS Long Term Plan and hold local health and care systems to account.
- Selection of test sites.
- Active involvement in the Integration Operational Oversight Group and the Policy Oversight Group.
- Ensure information flows between local areas and the national team.

Local

Design and delivery

- Design and delivery of local plans to improve care for children and young people in the local health and care system.
- Collaborating across national, regional and other local systems to share learning