



## **BSEM Training Day 10: Immunology**

### **Spotlight on the Lungs**

Friday 12<sup>th</sup> November 2021  
Hallam Conference Centre, London

<b>08:45 – 09:00 REGISTRATION</b>		
09:00 - 09:10	Dr Shideh Pouria	Welcome and Introduction
09:10 - 10:00	Dr Damien Downing	The Lung and the Environment
10:00 - 10:50	Dr Shideh Pouria	Protecting the Lungs with Therapeutic Nutrition
<b>10:50 - 11:00</b>		<b>Q &amp; A with Speakers</b>
<b>11:00 – 11:15 BREAK</b>		
11:15 - 12:00	Dr Jerry Thompson	Respiratory Problems in General Practice: The Ecological Approach
12:00 - 12:20	Dr Jenny Goodman	Asthma Case Histories: The Ecological Approach
<b>12:20 - 12:30</b>		<b>Q &amp; A with Speakers</b>
<b>12:30 – 13:30 LUNCH</b>		
13:30 - 14:20	Miriam Elkan	A neuro-mechanical approach to lung conditions: a demonstration of simple exercises for immediate use in your practice
<b>14:20 - 14:30</b>		<b>Q &amp; A with Speaker</b>
<b>14:30 - 15:45</b>	BSEM Panel Chair: Dr Shideh Pouria	BSEM Panel Case Discussion Trainees to provide Case Histories
<b>15:45 – 16:00 BREAK</b>		
16:00 - 17:00	BSEM Panel Chair: Dr Shideh Pouria	BSEM Panel Case Discussion continues
<b>17:00 CONFERENCE ENDS</b>		