



## BSEM Training Day

**Spotlight on the Gut**

Friday 18<sup>th</sup> May, 2018

Hallam Conference Centre, London

### 09:30 – 10:00 REGISTRATION

#### Morning Session

- 10:00 - 10:45 **Dr Damien Downing**  
MB BS MSB Introduction to ecological medicine with emphasis on the gut.
- 09:15 - 10:10 **Dr Shideh Pouria**  
MB BS BSc MRCP (UK) PhD CMT The gastrointestinal system; the ecological approach.
- 12:00 - 12:45 **Dr Jerry Thompson**  
MBBS, MRCP, MRCGP The ecological approach in an NHS setting; what can be done in 10mins?
- 12:45 - 13:30 **Gilian Crowther MA**  
(Oxon), mBANT, mNNA, CHNC reg The practicalities: tests and supplements, UK specifics.

#### 11:45 – 12:00 BREAK

### 13:30 – 14:30 LUNCH (NOT provided!!)

#### Afternoon Session

- 14:30 - 16:30 **BSEM Panel** Case discussions – please bring along your cases (BSEM trainees will have priority)

#### 16:30 – 16:45 BREAK

- 16:45 - 17:30 **Dr Natasha Campbell-McBride MD, MMedSci**  
(neurology), MMedSci (human nutrition) Update on GAPS

#### End of the Day

#### Dinner or Drinks in the Area