

**Conversation after Stroke – Volunteer – Role Description**

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| **Role Title** | **Conversation after Stroke - Volunteer** |
| **Responsible to:** | Aphasia Group Lead Volunteer |
| **Time Commitment:** | 3 hours monthly 1st Monday of every month (Monday – 1.30-4.30)Minimum of 1 year  |
| **Location:**  | The Station, Silver Street, Bristol, BS1 2AG |
| **Why we need your help:**Bristol After Stroke facilitates a peer-led drop-in group for people with aphasia (Communications difficulties after a stroke). It is led by Bristol After Stroke volunteers, many of whom have had, or still have similar difficulties themselves. The Conversation Cafe provides an environment where people who have had a stroke can practice speech and other forms of communication and share skills and tips. This group can be busy, so we are looking for another volunteer to help the 2 other volunteers who run the group. |
| **Role Summary:** | * You will be required to talk to cafe members, encourage them to get involved and generally help to promote a supportive, happy atmosphere that contributes to a sense of wellbeing.
* Provide support and added enthusiasm for group activities and exercises that may be offered during the session.
* Help at the group for its full duration each month; with set up and clear up times, this is likely to be up to three hours.
* Make and serve refreshments to group members.
* You may be asked to keep a register of attendees and take subs.
* Provide help and support to the café members and Aphasia Group Lead as and when needed.
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| **Skills and Experience:** | * Be patient, understanding and have a responsible attitude.
* Know about or be willing to learn about communication difficulties.
* Know about or be willing to learn about stroke and its impact on people.
* Be comfortable working as part of a team.
* Recognise the importance of confidentiality and show this in practice.
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**What we can offer you:**

* An induction and support and supervision in the role.
* You will be supported in your role by the **Aphasia Group Lead** **Volunteer** as well as other appropriate members of staff as needed.
* Bristol After Stroke Newsletters; keeping you up to date on charity news and other volunteer opportunities.
* You will have the opportunity to meet with other Bristol After Stroke volunteers.

**What we ask of you:**

* To obtain 2 references from people who are not related to you.
* Complete an enhanced DBS disclosure form.
* To keep to all the charity’s policies, values and guidelines.
* To complete an induction and any necessary training for the role.

Bristol After Stoke

November 2019