

# 18 MONTH MILESTONES

## **Gross Motor**

1. Walks well, starts and stops safely.
2. Runs carefully.
3. Pushes and pulls large toys.
4. Carry large doll or teddy-bear while walking.
5. Backs into small chair.
6. Climbs forward into adults' chair then turns round and sits.
7. Walks upstairs with helping hand.
8. Creeps backwards downstairs.
9. Squatting position.

## **Vision and Fine Motor**

1. Picks up small sweets with pincer grasp.
2. Holds pencil in mid-shaft in palmar or primitive tripod grasp.
3. Scribble and dots.
4. Builds tower of three cubes.
5. Enjoys picture books.
6. Turns pages.
7. Points to distant interesting objects out of doors.
8. Beginning to show preference for using one hand.

## **Hearing and Speech**

1. Jabbers loudly and continually to himself.
2. Attends to spoken communications.
3. Uses 6-20+ recognisable words.
4. Enjoys nursery rhymes and tries to join in.
5. Attempts to sing.
6. Obeys simple instructions.
7. Shows his own or doll's hair, shoes, nose, feet.

## **Social behaviour and Play**

1. Holds spoon and gets food safely to mouth. Chews well.
2. Holds cup between both hands. Drinks without muck spilling.
3. Lifts cup alone.
4. Takes off shoes, socks, hat.
5. Explores.
6. No longer takes toys to mouth.
7. Remembers where objects belong.
8. Imitates (eg feeding doll, reading book, brushing floor, washing clothes).
9. Plays contentedly alone.
10. Enjoys putting small objects in and out of containers.
11. Emotionally still very dependent.