

12 MONTH MILESTONES

Gross Motor

1. Sits well on floor.
2. Rise to sitting position from lying down.
3. Crawls on hands and knees, shuffles on buttocks.
4. Pulls to standing, lets himself down again. Walks round furniture lifting one foot and stepping sideways.
5. May stand alone. May walk alone.
6. May crawl up stairs.

Vision and Fine Movements

1. Picks up fine objects.
2. Drops and throws toys deliberately.
3. Looks in correct place for toys which roll out of sight.
4. Points with index finger.
5. Watches movements of people.
6. Recognises familiars approaching from 20 feet or more.
7. Uses both hands freely but may show preferences for one.
8. Beginning to show interest in pictures.
9. Holds two cubes, one in each hand.

Hearing and Speech

1. Knows and turns to own name.
2. Jargons loudly.
3. Vocalisations contain most vowels.
4. Shows by suitable behaviour and response that he understands several words in usual context. (eg cup, spoon, ball, car).
5. Comprehends simple instructions (eg 'give it to Daddy', 'Come to Mummy', 'Where are your shoes?', 'say bye-bye', 'clap hands').
6. May hand adult common objects on request (eg spoon).
7. Demonstrates 'definition by use'
8. Immediate response to baby hearing tests at 3-4 ½ feet but rapidly habituates.

Social Behaviour and Play

1. Drinks from cup, chews.
2. Holds spoon.
3. Helps with dressing by holding out arm for sleeve and foot for shoe.
4. Takes objects to mouth less often.
5. Ceasing to drool.
6. Puts wooden cubes in and out of cup or box when shown.
7. Rattles spoon in cup in imitation.
8. Seizes bell by top of handle, rings briskly.
9. Listens with pleasure to sound-making toys and repeats appropriate activities to reproduce sounds.
10. Gives toys to adult on request.
11. Quickly finds toys hidden before his eyes.
12. Likes to be constantly within sight and hearing of familiar adult.
13. Demonstrates affection to familiars.
14. Plays 'pat-a-cake' and waves 'bye-bye'.