

9 MONTH MILESTONES

Gross Motor

1. Sits alone.
2. Leans forward to pick up a toy.
3. Turns body to look sideways while stretching out to grasp dangling toy or pick up toy from floor.
4. Active movements of whole body.
5. Progress on floor by rolling.
6. Attempts to crawl.
7. Pulls to stand holding on to support. Falls backwards with bump.
8. Held standing, steps purposefully on alternate feet.
9. 'Forward parachute' manoeuvre present (from about seven months).

Vision and Fine Motor

1. Visually very attentive to people, objects and happenings in his environment.
2. Stretches out, one hand leading to grasp a small toy.
3. Manipulates objects passing from hand to hand.
4. Pokes at small sweet with index finger.
5. Points at more distant objects to pull toy towards him.
6. Picks up small sweet with pincer grasp.
7. Can release toy by dropping.
8. Looks in correct direction for falling and fallen toys.
9. Watches activities of adults.
10. Watches rolling balls 1/8 inches at 10 feet.

Hearing and Speech

1. Attentive to everyday sounds, particularly voice.
2. Vocalises deliberately.
3. Shots to attract attention.
4. Babbles loudly and tunefully. Babble is practised.
5. Understands 'no-no' and 'bye-bye'.
6. Immediate localising response to baby hearing tests.

Social Behaviour and Play

1. Holds, bites and chews a biscuit.
2. Puts hand round bottle or cup when feeding.
3. Tries to grasp spoon when being fed.
4. Throws body back and stiffens in annoyance or resistance.
5. Distinguishes strangers from familiars.
6. Everything to mouth.
7. Seizes bell in one hand; imitates ringing action.
8. Plays peek-a-bo and imitates hand-clapping.
9. Holds out toy grasped in hand to adult, cannot yet give into adult's palm.
10. Finds toy which is partially hidden while he watches.
11. Sits safely upright on mother's arm when carried.