

## 6 MONTH MILESTONES

### Gross Motor

1. In supine raises head from pillow.
2. Lifts legs into vertical and grasps food.
3. Sits with support and turns head from side to side to look around.
4. Moves arms in purposeful action and holds them up to be lifted.
5. When hands held, braces shoulders and pulls himself to sit.
6. Kicks strongly, legs alternating.
7. Can roll over front to back and usually back to front.
8. Held sitting, head is firmly erect and back straight.
9. May sit alone.
10. In prone lifts head and chest up on extended arms.
11. Held standing bears weight on feet, and bounces up and down actively.
12. Downward parachute manoeuvre readily demonstrated.

### Vision and Fine Motor

1. Moves head and eyes eagerly in every direction.
2. Follows adult's activities across room with purposeful alertness.
3. Eyes move in unison (squint now definitely abnormal).
4. Fixates on small objects within 6-12 inches and reaches out with both hands.
5. Uses whole hand to palmar grasp and passes toy from hand to hand.
6. Follows fallen toy within visual field.
7. Forgets toys which falls outside visual field.
8. Watches rolling balls at 10 feet.

### Hearing and Speech

1. Turns immediately to mother's voice across room.
2. Vocalises tunefully to self.
3. Laughs, chuckles and squeals aloud in play.
4. Screams with annoyance.
5. Shows evidence of selective response to different emotional tones of mother's voice.
6. Responds to baby hearing tests at 1 ½ feet by visual localisation (voice, rattle, bell etc.)

### Social Behaviour and Play

1. Can reach for and hold small toys.
2. Uses 2 hand scooping approach but occasionally a single hand.
3. Takes everything to mouth.
4. Finds feet as well as hands interesting - sometimes uses feet to help in grasping objects.
5. Puts hand to bottle and pats it when feeding.
6. Offered rattle reaches for it immediately and shakes deliberately often regarding it closely.
7. Manipulates objects attentively passing them from hand to hand.
8. Still friendly with strangers but occasionally shows some shyness (reserved with strangers from 7 months).