# **Community Child Health Trainee Information**

Welcome to the fantastic paediatric subspecialty of Community Child Health! We hope you enjoy your training time. This welcome information has been put together to provide you with guidance on the curriculum, useful resources plus details of who to contact if you have any concerns or queries. There is also a separate document **CCH Grid Trainee Guidance for eportfolio and ARCP:** we recommend you read this document to familiarise yourself with the ARCP process for CCH GRID trainees.

# **Sub-Specialty Training**

The CCH training programme is designed as a three-year training programme. Training is generally 36 months for specialty trainees, with a minimum requirement of 24 months CCH clinical training. The remaining 12 months may be in a specialty relevant to CCH, a specific area of CCH (to develop a special interest) or approved research. The CSAC will be flexible about the nature of the 'relevant specialty' or research but it must help the trainee to enhance their competencies in CCH (see 'relevant specialties' section below).

With competency-based assessment, it is possible to complete training in less than 36 months but trainees will have to demonstrate that they meet the competencies of the curriculum to the depth and breadth required to practice independently as a community paediatric consultant in the UK. A minimum of 24 months spent in CCH is essential and non-negotiable.

Level 2 training does not count towards Level 3 training. Therefore you cannot count your Level 2 ('core') CCH training towards Level 3.

#### **Relevant specialties**

The CSAC is flexible about posts in other specialties which can be counted towards higher specialist training. RCPCH sub-specialty training posts that have been approved by the relevant RCPCH CSAC as below will automatically count for specialty training:

- paediatric neurodisability
- paediatric neurology
- child mental health
- paediatric palliative medicine.

These will automatically be approved for higher specialist training in CCH and will not require specific approval from the CSAC. Furthermore some regional CCH training programs already contain training posts in allied specialities which have been pre-approved.

Posts outside this list of named RCPCH sub-specialties may still be approved but must be approved by the CSAC *before* a trainee takes up the post. Retrospective recognition will not be given.

Other appropriate training could include general paediatrics, public health, audiovestibular medicine, CAMHS, clinical genetics, inherited metabolic disease, research and medical education. This list is not exhaustive. Posts in such specialties may not be approved if it felt that the experience is more general and not particularly CCH orientated.

Please note that placements in specialties outside paediatrics e.g. a full time placement in CAMHS cannot be recognised for training in paediatrics without prior approval and may need to be recognised as OOPT/E.

#### The curriculum

Sub-specialty trainees should use both the RCPCH Progress Level 3 Generic curriculum alongside the RCPCH Progress Community Child Health curriculum. You will need to be evidencing against both throughout your training.

In addition to the generic learning outcomes for level 3, community child health trainees must fulfil the following Sub-specialty Learning Outcomes:

- SLO1: Demonstrates proficiency in the paediatric assessment and management of vulnerable children, including those with developmental disorders and disabilities.
- SLO 2: Adopts a leading role with children who are at risk of abuse or are being abused and for those who are "looked after"-and can contribute to the process of adoption.
- SLO 3: Demonstrates strong skills in working with multiple agencies, particularly with education and social care.
- SLO 4: Actively participates in planning and implementing local strategies to improve the health of all children in their area, including safeguarding policy and overseeing universal targeted lifestyle programmes.
- SLO 5: Contributes with other professionals to the management of children with life-limiting complex disability

Click on the hyperlinks or go to the RCPCH website to access both the RCPCH Progress Level 3 Generic curriculum and the RCPCH Progress Community Child Health curriculum. These documents describe each SLO in more detail, including the key capabilities (these are mandatory capabilities which must be evidenced) and illustrations (examples of evidence and ranges of clinical contexts that maybe used to support achievement of the Key Capabilities).

# The CSAC

The College Specialty Advisory Committees (CSACs) is a sub-committee of the RCPCH Education and Training Quality Committee, which helps to set the standards for the training programme. The CSAC members are:

- Chair Dr Nia John nia.john@wales.nhs.uk
- Deputy Chair Dr Emma Bradley emma.bradley12@nhs.net
- Training Advisor (trainees A-L) vacant
- Training Advisor (trainees M-Z) Dr John Agbenu john.agbenu@lthtr.nhs.uk
- Quality Advisor Dr Sharmishtha Sivakumaran ssivakumaran@nhs.net
- Assessment Advisor Dr Subramanian Ganesan priyasubbu2002@hotmail.com
- Trainee Representative Dr May-Lin Lui may-lin.lui@nhs.net

The CSAC are happy to be contacted with any queries or problems related to training.

#### **ARCP**

In addition to your usual deanery ARCP requirements, at each annual ARCP a CSAC progression form will need to be completed. Please see separate document **CCH Grid Trainee Guidance for eportfolio and ARCP** for additional information.

# British Association for Community Child Health (BACCH)

BACCH is a professional membership organisation for doctors and other professionals working in paediatrics and child health in the community. It is the largest specialty group of the Royal College of Paediatrics and Child Health. If you are not already a member then please consider joining.

The website for BACCH is www.bacch.org.uk and here you will find sections on membership, resources and careers. There is also an Events section with a good list of relevant conferences / courses / study days.

In addition to the CSAC trainee rep role, BACCH also has two trainee representatives.

The BACCH trainee reps can be contacted at bacch@rcpch.ac.uk

Every year there is the BACCH Trainees' study day, arranged by the BACCH trainee reps, which aims to cover clinical topics relevant to community child health training as well as wider training topics. The day is a good opportunity to meet and network with other trainees and previous study days have also offered workshops with members of the CSAC to discuss your training.

BACCH also hold an Annual Scientific Meeting, as well as regional education meetings, which are useful learning opportunities.

To find out details about regional meetings and other local events, please get in touch with your regional BACCH representative. Their details can be found here

www.bacch.org.uk/pages/26-regional-coordinators-sacch or please get in touch with the trainee representatives on the email listed above

# The Neurodisability Community (TNC)

The Neurodisability Community is a relatively new online platform (hosted through Trello) designed to support networking and education for both CCH and Neurodisability trainees. The TNC is traineeled with support from the Neurodisability CSAC and content is uploaded by users. The Trello board covers training, courses, research, condition specific resources, plus an area to share projects and learning. There is also a specific START area. The TNC is in its infancy but the hope is we can build links with each other across the country, share learning and enhance the training experience.

If you would like to join the community please see: www.bacdis.org.uk/pages/TNC

The TNC will also need trainees to join and keep the forwards momentum, so if you would like to know more about getting involved please contact via the email above.

# **Peer Support**

Current trainees have highlighted the importance of peer support and meeting trainees from other regions. Ways that trainees have found useful include:

- Joining The Neurodisability Community
- Attending BACCH Annual Trainees' Meeting
- Joining online teaching sessions
- Contacting trainee representatives

#### Teaching

Over the last year, an online community child health teaching programme, aimed at GRID trainees, has been set up. From February 2021, these will be running on Wednesdays at 1-2pm using MS Teams. This was initially established in response to COVID and associated impact on training opportunities and the timing and frequency of the sessions is currently being reviewed. The sessions cover a mixture of clinical and training topics. We are very hopeful that this will allow trainees to keep in touch with each other and for trainees to have access to regular high quality teaching from experienced community child health clinicians and AHPs.

There is also Neurodisability teaching, using the same format. If you would like to join either or both of these sessions please email Theneurodisabilitycommunity@gmail.com with your name, region, training year and GMC number.

#### Other relevant information

- In addition to BACCH, the British Academy of Childhood Disability (BACD) the British Paediatric Neurology Association(BPNA), Association for Paediatric Palliative Medicine (APPA) and the European Academy of Childhood Disability (EACD) are also relevant to community child health training (membership is optional and not compulsory).
- The BPNA run a number of courses including the Paediatric Epilepsy Training 1-3, movement disorder and tone management. These can be booked via the BPNA website.
- www.e-lfh.org.uk/ has numerous e-learning resources available on relevant topics, including Disability Matters, MindEd, safeguarding and public health.

We hope you have found this useful. Please do get in touch with any queries or suggestions. Enjoy your training time and welcome to the team!

The Community Child Health CSAC

www.rcpch.ac.uk/membership/committees/community-child-health-csac