

# **BACCH National Trainees' Study Day**

'Exploring Jack's neurodevelopmental journey – a complex story'

## Monday 28 March 2022

(MS Teams Webinar)

### Programme

## Programme

10.00-10.10	Welcome Dr Rebecca Dalrymple & Dr Monica Negoita (BACCH National Trainee reps)
10.10-10.50*	<i>Foetal Teratogens</i> Dr Charlie Fairhurst (National Specialty Advisor NHSe in Paediatric neurosciences/ Consultant Evelina London Children's Hospital)
10.50-11.30*	<b>Understanding behaviour</b> Dr Max Davie (Consultant Community Paediatrician Guy's & St Thomas' NHS Foundation Trust)
11.30-11.40	10-minute comfort break
11.40-12.20*	<b>Could it be Developmental Language Disorder?</b> Alison Pennie (Specialist Speech & Language Therapist, NHS Greater Glasgow & Clyde)
12.20-12.45	Informal breakout room chats
12.45-13.30	45-minute lunch break
13.30-14.10*	<i>The impact of neglect and other adverse childhood experiences on development</i> Dr Karen Arnold (Consultant Community Paediatrician, Sheffield Children's Hospital)
14.10-14.50*	Looked after children Dr Doug Simkiss (BACCH Chair/ Medical Director & honorary Consultant Paediatrician, Birmingham Community Healthcare NHS Trust)
14.50-15.00	Closing remarks
The Trainee reps are happy to stay and chat to delegates after the formal close of the meeting for any general training queries and questions	

\* including 10 minutes for Q&A

- All delegates will be emailed the meeting link on 25 March by 1pm please contact us if you haven't received the email (<u>bacch@rcpch.ac.uk</u>)
- The BACCH office will email a PDF attendance/CPD certificate to all delegates after the event
- Participants can self-accredit for up to 3.5 CPD credits, in accordance with the current RCPCH CPD Guidelines

### **Speakers**

#### Foetal Teratogens

**Dr Charlie Fairhurst** (National Specialty Advisor NHSe in Paediatric neurosciences/ Consultant Evelina London Children's Hospital)

#### **Synopsis**

Numerous substances can cause patterns of dysmorphic change, clinical comorbidity and neurodevelopmental disorders in Children and Young people. There are critical aspects of physical development that can be compromised by exposure during embryogenesis and can lead to long-standing disorders of the central nervous system.

Services for these children and families in the UK are generally poorly focussed and sporadic at best and we need to ensure parity of access to appropriate assessment and intervention, the child being supported as close to home as possible across all developmental and clinical aspects, working within regional networks to optimise pathways of care.

#### **Biography**

Charlie is not the charge nurse from casualty but his main day job is at the Evelina where he works in a variety of MDTs looking after children with complex disability.

He is also a clinical advisor to NICE and works as the National Specialty Advisor for Children's neurosciences at NHSe, within which both roles have tweaked his interest in service provision and development for Children and Young People with physical and behavioural challenges caused by exposure to teratogenic substances during early development.

#### Understanding behaviour

Dr Max Davie (Consultant Community Paediatrician, Guy's & St Thomas' NHS Foundation Trust)

#### **Synopsis**

Dr Davie will explore why behaviour is misunderstood and how to apply a proper understanding in a community paediatric setting.

#### **Biography**

Max Davie is a consultant community paediatrician, working in Lambeth as part of Evelina London Community services. He has a special clinical interest in the assessment and diagnosis of neurodevelopmental conditions in school-age children. He is Officer for Health Improvement at the RCPCH, where he is working on population health issues including mental health and obesity.

#### Could it be Developmental Language Disorder?

Alison Pennie (Specialist Speech & Language Therapist, NHS Greater Glasgow & Clyde)

#### Synopsis

Could it be Developmental Language Disorder? Outline of what DLD is, signs to look out for, how it is diagnosed and what helps. Sharing of resources with delegates so they can learn more about DLD. DLD is more common than ASD, however it is not as widely known. SLT's diagnose DLD however it's essential that all members of a Neurodevelopmental Assessment Team understand this diagnosis.

#### Biography

Alison has over 25 years of experience working as a Paediatric SLT. She currently works in South Glasgow, which is a highly diverse area with around 60% of cases being multilingual. She has a dual role as a Clinical Lead in Bilingualism and also as a Team Leader. Alison has a keen interest in Developmental Language Disorder and I'm a Scottish Ambassador for <u>RADLD</u> (Raising Awareness of Developmental Language Disorder). She also leads the South Glasgow Social media team <u>@NHSGGC\_SouthSLT</u>

## **Speakers**

*The impact of neglect and other adverse childhood experiences on development* **Dr Karen Arnold** (Consultant Community Paediatrician, Sheffield Children's Hospital)

#### **Synopsis**

Early life experiences have a profound effect on brain development. Loving, reciprocal interactions form the foundations of all future development and learning. Lack of positive interactions or exposure to adverse experiences also effects these foundations but in a detrimental way. Neglect and other adverse childhood experiences have a lasting impact on brain architecture. This lecture will cover the impact of these early adverse experiences on development, behavioural and developmental sequelae and long-term outcomes.

#### **Biography**

Karen is a consultant community paediatrician at Sheffield Children's and the team lead for the Community Paediatric Team and the Autism Service. She has been a consultant for five years and is passionate about service improvement and innovation. She is part of the Sheffield wide neurodevelopmental improvement programme which is a collaboration between the CCG, local authority, Sheffield Children's and education. The programmes aims are to improve prevention, early identification, early support, assessment pathways and post diagnostic support for children and families with neurodevelopmental problems.

Karen is particularly interested in targeted early intervention for those children who are at risk of developmental difficulties such as ex-preterm, antenatally substance exposed and subject to early adversity and am leading a project looking at providing additional resources and brain building opportunities for these children.

Karen lives in Sheffield with her husband, two children and three cats.

#### Looked after children

**Dr Doug Simkiss** (BACCH Chair/ Medical Director & honorary Consultant Paediatrician, Birmingham Community Healthcare NHS Trust)

#### **Synopsis**

To follow.

#### **Biography**

Doug is Medical Director at Birmingham Community Healthcare NHS Foundation Trust, Designated Doctor for Looked After Children in Birmingham and Solihull Clinical Commissioning Group and an Honorary Associate Professor in Child Health at Warwick Medical School.

His clinical work has been with children in care and children with disabilities and the impact of social inequalities on health.

He is the current Chair of BACCH.