



British Association for  
Community Child Health

**BACCH Virtual National  
Trainees' Study Day  
Thursday 19 November 2020**

09.10-09.20	<b>Welcome</b> (and waiting for everyone to join)
09.20-10.20*	<b><i>Physiotherapy management for the child with complex neurodisability – best practice</i></b>  <b>Kate Hewlett</b> (Clinical Specialist Physiotherapist Complex Neurodisability, Alder Hey NHS Trust)
10.20-11.20*	<b><i>Why social determinants matter and what you can do?</i></b>  <b>Dr Doug Simkiss</b> (Medical Director, Birmingham Community Healthcare NHS Foundation Trust)
11.20-11.30	<b>Break</b>
11.30-12.30*	<b><i>Doing Research: the levels of evidence and how to navigate the wood without a path</i></b>  <b>Professor Alastair Sutcliffe</b> (Professor of General Paediatrics, UCL and Great Ormond Street Institute of Child Health)
12.30-12.40	<b>Closing remarks</b>

\*including 10 minutes for questions from delegates

### ***Physiotherapy management for the child with complex neurodisability – best practice***

**Kate Hewlett** (Clinical Specialist Physiotherapist Complex Neurodisability, Alder Hey NHS Trust)

#### **Synopsis**

The presentation will aim to give an overview of the Physiotherapy Management of children with complex Neurodisability in the Community, including current objective assessments and best practice. The presentation will also look at the impact of a community respiratory physiotherapy services on hospital admissions, and data collected in relation to postural changes in this patient cohort.

#### **Biography**

Kate Hewlett is a Clinical Specialist Physiotherapist and Trainee Advanced Practitioner working for Alder Hey, within the Community and Mental Health Division. Kate has been employed by Alder Hey for the past 8 years. Prior to this, she worked as a physiotherapist at Sheffield Children's Hospital.

Her area of expertise is in the therapeutic management of children and young people with complex neurodisability, with a particular interest in postural and tone management. Kate particularly enjoys facilitating a holistic approach to physiotherapy intervention, where she is able to integrate children's medical management into their education within specialist school provision.

### ***Why social determinants matter and what you can do?***

**Dr Doug Simkiss** (Medical Director, Birmingham Community Healthcare NHS Foundation Trust)

#### **Synopsis**

In this session Doug will:

1. Summarise the evidence for social determinants of health and therefore health inequalities
2. Outline a structure for organisational actions on social determinants
3. Outline a structure for individual practitioner actions on social determinants

To get the most from this session, read the executive summaries of the **Marmot Review 'Fair Society, Healthy Lives and Health Equity in England, the Marmot Review 10 years on'**.

#### **Biography**

Doug is Medical Director at Birmingham Community Healthcare NHS Foundation Trust, Designated Doctor for Looked After Children in Birmingham and Solihull Clinical Commissioning Group and an Honorary Associate Professor in Child Health at Warwick Medical School.

His clinical work has been with children in care and children with disabilities and the impact of social inequalities on health.

He has the executive lead on addressing inequalities.

### ***Doing Research: the levels of evidence and how to navigate the wood without a path***

**Professor Alastair Sutcliffe** (Professor of General Paediatrics, UCL and Great Ormond Street Institute of Child Health)

### **Synopsis**

First I will over view the levels of evidence, that hierarchy, with examples.

Second, I will outline how one might go about doing research 'from scratch' and where to get support and advice.

Finally, I will take questions from the delegates and try to address these supportively.

### **Biography**

Alastair aka Prof Sutcliffe, trained in Manchester and became interested in research as a Registrar starting with a (prize-winning) case report 'TPN tamponade'.

He moved in his final year of training to London, conducting his specialist accreditation year in community paediatrics at the Donald Winnicott Centre and the National Children's Hospital.

He holds two Doctorates and has published over 200 reports papers books etc. Until recently a consultant paediatrician at UCLH, he is now a research professor and pursuing a company W2T Life to develop a treatment for premature birth due to ascending infection. He has a small team of researchers and is proud of his friendly supportive style in mentoring trainees in paediatrics. He is internationally known for his research into IVF.

Alastair lives in North London, and in his spare time plays the violin, loves his garden, and also is a Turkish citizen, speaks Turkish and follows his orders from his lovely Turkish wife. He has three children.