



Hi everyone,

We are a parent led support group, for parents of children and young adults with ASD which has been running for over 5 years. We are known as **The Umbrella Group**, with its connotations of protection and covering a wide spectrum of behaviours which all come under the same umbrella of autism. We normally meet once a month, but during school holidays, meetings may not take place or are rescheduled and so you should check first with Debbie.

Venue: The Pool room at **Portfield School**, Parley Lane, Hurn, Christchurch BH23 6BP

On **4th Saturday** of the month (Occasionally changes due to school holidays)

Time 10-12 am

Umbrella Group Meeting Dates



23rd March 2019

Transitions and managing change

From starting school to moving on to other schools, activities and services.

Sarah Wellaway

ASD Clinical Pathway Practitioner/Assistant Psychologist
Family Services
Dorset Healthcare University Trust

27th April 2019

Tackling Anxiety in Autism

Amanda Press

Specialist Speech & Language Therapist

www.kidspace.me

<https://www.facebook.com/Kidspace.me?ref=hl>

25th May 2019

Speaker to be arranged

22nd June 2019

The Shared Lives scheme

Julie Fellows

Bournemouth and Poole Shared Lives Team Manager

13th July 2019

amended date

Speaker to be arranged

Please note these meetings are for parents and carers only unless stated otherwise.

We hope to see you for support, laughter, moaning and tears!

For more information please contact:
Debbie Muldoon-Hall (07900 693131)