

# Did you know...

...autism is much more common than you might think?

Autism is a neurodevelopmental condition. This means there are differences in the way the brain processes information.

Raising awareness of autism is one of our key aims & we hope these facts will help you explain to others the impact of autism for children, adults & their families & friends.

There are around 700,000  
people in the UK with  
**AUTISM** - that's more than  
**1 in 100.**

**AUTISM** touches  
the lives of 2.8  
million people in the  
UK every day.

## Bullying at school

affects more than 40% of  
children with autism.

## Autism is a hidden disability

- you can't always tell if someone has it.

At least one in three adults  
with **AUTISM** experience  
**severe mental health  
difficulties.**

**AUTISM** doesn't just affect  
children. Children with autism  
grow up to be adults with  
autism. it is a lifelong  
condition.



People with **AUTISM** can struggle  
with communication. Some people  
with autism are non verbal.

We are proud to be working with Autism Wessex and we are committed to becoming more autism friendly.



For further information about Autism Spectrum Conditions:

[www.autismwessex.org.uk](http://www.autismwessex.org.uk)

# How you can help



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**Give the person enough time**  
to understand the information and wait a few seconds  
for a response.

Explain at **every stage**  
what you are about to do, what will  
happen next and why.

**Ask what support  
might be needed.**

**Ask questions which are clear  
and direct**

use language that is easy to understand. Do not rely on the  
person to pick up on the meaning of your question or body  
language.

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