

Autism training for parents and carers – Dates starting January 2018



We are pleased to announce new course dates for our popular course:
Autism Training for Parents and Carers

About the course: Each course is run over 6 sessions (one per month). By the end of the course participants will have:

- a good understanding of the 4 dimensions of autism affecting communication, relationships, flexible thinking and sensory processing.
- a good understanding of what may influence challenging behaviour and how to reduce crisis moments
- a toolbox of strategies and resources to support behaviour, development and learning

“Thank you for a great course – interesting, informative and helpful!”

Eligibility: Parents and carers must have a child with a diagnosis of autism or Asperger syndrome to attend. A maximum of 2 carers can attend each course. Grandparents and others acting in the parental role are welcome to attend. Participants are expected to attend all 6 sessions. (if you can't attend all the sessions at the same venue, you may be able to go to the other venue's session to keep up with the course)

Course 1:

Dorchester Youth Association
Lubbecke way
Dorchester, DT1 1QL

Session times/day:

Saturdays
10 am – 1pm

Session dates (attend all):

13 January 2018
10 February 2018
10 March 2018
14 April 2018
12 May 2018
9 June 2018

Course 2:

Bearwood Community Centre
King John Ave
Bournemouth, BH11 9TF

Session times/day:

Saturdays
10 am – 1pm

Session dates (attend all):

20 January 2018
17 February 2018
17 March 2018
21 April 2018
19 May 2018
16 June 2018

To book: You must book your free place (s) by calling our Information & Advice Service on **01305 213135** or e-mail advice@autismwessex.org.uk

We regret that we are unable to provide childcare

Thanks so much for the last 6 months. Really brilliant course and I've learnt loads! Will miss it lots!”