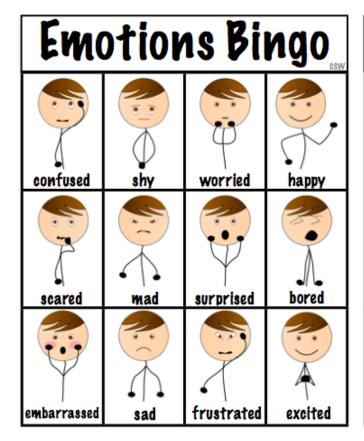
Extension Activities

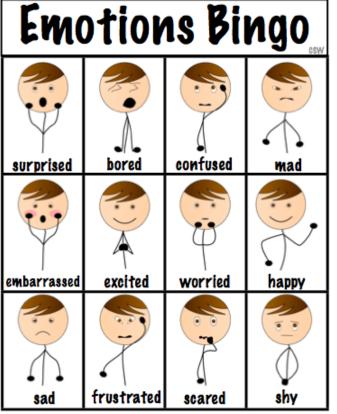




Mental health bingo





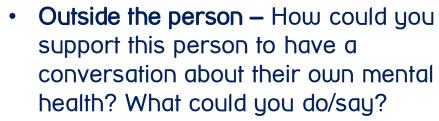




Conversation scenario activity



 Inside the person – What could this person do to prepare for and begin a conversation about their own mental health? What could they do/say?







Conversation scenario activity





