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# **Alison Lesley Harris**

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## **Summary of Experience**

- Consultant Clinical Psychologist with over 34 years' experience of working with adults in the National Health Service in Central London and Greater Manchester.
- Provision of psychological assessment, formulation and a range of therapies largely in Primary Care or community settings.
- Experienced in working with clients from a range of ethnic backgrounds and nationalities, including people seeking asylum.
- Skilled in working with interpreters.
- Provision of expert witness reports in immigration and personal injury cases.

#### **Registrations**

Chartered Psychologist
Health and Care Professions Council (HCPC) PYL 06606
DBS Enhanced Disclosure certificate 1529136061
Information Commissioner's Office Reg No. ZA 455323
British Psychoanalytic Council (for Dynamic Interpersonal Therapy-DIT)
Associate Fellow of the British Psychological Society (BPS)

### **Qualifications**

1979-1982	BSc.(Hons) Psychology	University College London
1982-1984	MPhil. Clinical Psychology	Institute of Psychiatry, University of London
2014	Accredited DIT practitioner	

#### **Relevant Training**

Multi-cultural issues in the Family Court
Adult Safeguarding Level 3
Child Safeguarding Level 3
Duty of Candour
Mental Capacity Act
Information Governance
Casenotes on Trial (Bond Solon)
Gender identity problems in children and adolescents
Equality, Diversity and Human Rights
Equality Impact assessment
Carers awareness

### **Current Roles and Memberships**

Consultant Clinical Psychologist - NHS and independent practice National Assessor (for the appointment of Consultant Psychologists) - British Psychological Society (BPS)

Member BPS Division of Clinical Psychology (DCP)

Member BPS DCP Leadership and Management Faculty

### **Recent Employment**

2013-2019	Salford Professional Lead for Psychology Services, Greater Manchester Mental
	Health NHS Trust (GMMH)
	From 2016, role has included GMMH Salford Lead for Equality and Diversity
2002 – 2016	Consultant Clinical Lead, Salford Primary Care Psychology Service Greater
	Manchester Mental Health NHS Trust (GMMH)
	(Head of Service from June 2002-2015)
1996 – 2002	Principal Clinical Psychologist – Primary & Community Care Service, Central
	Manchester Healthcare NHS Trust/Manchester Mental Health Partnership

## **Clinical Experience**

2018 – Present	Psychological assessment, formulation and therapies provided in my
	independent practice in South Manchester
2014 - Present	Qualified Dynamic Interpersonal Therapist (DIT)
2002 – Present	Psychological assessment and therapies provided to primary care clients across Salford. Clinical supervision and consultation
1996 – 2002	I provided an on-site psychological assessment and therapy service to GPs in Central Manchester
1994 – 1996	Provision of psychological assessment and treatment service to GP fund-holders and non-fund holders in Stockport and Trafford health districts
1989 – 1994	I managed and partly provided the Clinical Psychology service to people with HIV and AIDS in Camden and Islington Health District. The service was provided in out-patient, in-patient and community settings with a nationwide catchment area.

#### **Special Interests**

My clinical work has largely been in Primary Care Psychology, namely with adults with common psychological problems, such as depression and anxiety including trauma. I provide Cognitive Behaviour Therapy (CBT) and brief Dynamic Interpersonal Therapy (DIT). Within that I have also long held an interest in working in sexual health, with lesbian, gay and trans clients and with people living with HIV.

#### **Publications**

Bucci S, Seymour-Hyde A, Harris A and Berry K. (2015) <u>Client and Therapist Attachment Styles and Working Alliance, Clinical Psychology and Psychotherapy.</u>

Published online in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/cpp.1944

Coleman PG, Brown R, Acton C, Harris A and Saltmore S (1998). <u>Building Links with a black community: experience in Central Manchester, Clinical Psychology Forum, No 118, August. pp 43-48.</u>

Davenhill R, Hunt H, Pillay HM, Harris A and Klein Y (1989). <u>Training and selection issues in Clinical Psychology for black and minority ethnic groups from an equal opportunities perspective.</u> Clinical Psychology Forum, No 21, June.

Harris A (1990). A Psychologist in El Salvador. The Psychologist, June. pp 264-266.

Harris A, Parker N and Barker C (1998). <u>Adults with Sickle Cell disease – Psychological impact</u> and experience of hospital services. Psychology, Health and Medicine, 3, No 2. pp 171-179.

Harris A and Shefer T (1990). <u>Mental Health Services in Nicaragua: Ten years of revolution.</u> Psychiatric Bulletin of The Royal College of Psychiatrists, <u>14</u>, pp 346-350.

Harris A and Wanigaratne S (1996) Counselling and Clinical Psychology in AIDS. Ch. In <u>Medical Management of HIV and AIDS</u> Ed Dr A B Millar. London: Springer-Verlag.

Harris A and Wardle J (1987). <u>The Feeling of Hunger</u>. British Journal of Clinical Psychology, <u>26</u>, pp 153-154.