

Friends of Bristol After Stroke

Become a Friend and help us to help people live well after stroke

You can become a Friend of Bristol After Stroke for just £15.00 per year, but if you are able to give more:

- £5 a month supports a Stroke Café - informal opportunities for information, advice and support as well as the opportunity to meet others in a similar situation
- £10 a month enables our Stroke Support Coordinators to identify what people need after stroke and practical ways in which we can provide support
- £20 a month enables a stroke affected person or their carer to receive a course of counselling

As a Friend you can simply be part of our community, or you can become more involved by (please tick):

- Being a Bristol After Stroke ambassador - please tell your friends and contacts about us, our work and achievements
- Encouraging others to support Bristol After Stroke and fundraise for us
- Organising a fundraising event
- Joining our fundraising committee
- Volunteering for us

In return you will receive our annual newsletter, regular updates, and invitations to special events

For more information please contact us 0117 964 7657 or
office@bristolafterstroke.org.uk

I want to be a Friend of Bristol After Stroke

Name
(block capitals)

Address &
postcode

Phone number
(in case of queries)

Email address

- I want to be a Friend of Bristol After Stroke for £15.00 per year (Cash/ Cheque/Standing Order - complete below) or
- I want to be a Friend of Bristol After Stroke & give a regular donation of £5 / £10 / £20 / other £ ___ per month (Standing Order below)
- To the Manager (Bank name & address) _____

Account number: _____ Sort code: _____

Name of account holder(s): _____

In accordance with this instruction please pay Bristol After Stroke £ _____ per month / per year (delete as appropriate)

Nat West Bank PLC, Queens Road Bristol branch

Account no: 66961254 Sort code: 60-17-12

Starting on: _____ (please allow one month from today)

- I want Bristol After Stroke (Reg. Charity No. 287554) to claim Gift Aid on my donation(s). I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

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Signature

Date

Please return this form to us:

Bristol After Stroke, Gatehouse Centre, Hareclive Road, Bristol, BS13 9JN

Thank you for your support

Data protection

Bristol After Stroke will not share your information and will look after your data as set out in our privacy policy.

Please notify Bristol After Stroke if you want to cancel this declaration, change your details, or you no longer pay sufficient tax on your income and/or capital gains to cover the amount claimed in Gift Aid. If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HMRC to adjust your tax code.