

# Groups and Courses

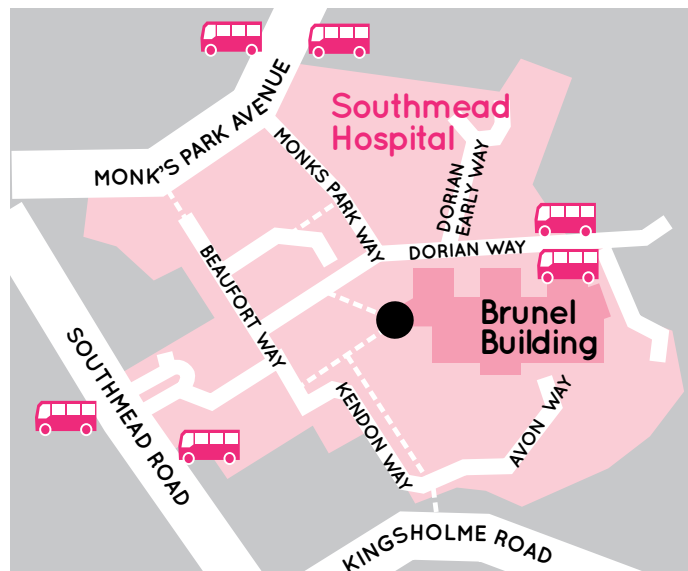
## Southmead Stroke Cafe



Southmead Stroke Cafe is a monthly drop-in for people affected by stroke, their carers, friends and family. The cafe is a place for people to meet others in a similar situation, make friends, and learn from each other in a warm and supportive atmosphere. So come and join us for a cup of tea and a chat.

The café provides an opportunity to meet Bristol After Stroke staff and volunteers who can discuss any issues you may have.

Supported by South Gloucestershire Council



### Southmead Stroke Cafe

Last Tuesday of each month  
2.00 – 3.30pm

Gate 7b level 3 reception  
Brunel Building  
Southmead Hospital  
BS10 5NB

### Keep up to date with Bristol After Stroke

 [bristolafterstroke.org.uk](http://bristolafterstroke.org.uk)

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## Helping local people live well after stroke